



May
VOLUME
2024
Issue 5



ARKANSAS
community foundation

TWIN LAKES

Open

Monday-Friday

8am-3:30pm

870-425-7585

BAXTER HOUSE ADULT DAY CARE SERVICES



Brian



Sending You these
pretty May blooms
to say...
Have a
Happy May Day!

©123Greetings.com



Sunday, May 12th

Baxter
House Adult
Day Center

will be

Closed

Monday,

May 27th

in

observance

of

Memorial Day



MEMORIAL DAY

★ IN MEMORY OF OUR HEROES ★



Baxter
House
Adult Day Care

1101-3 Spring Street (Cooper Park)
P. O. Box 932
Mtn. Home, Arkansas 72654-0932

Your Home Away From Home
Tena Recktenwald Center Director

WE CARE ABOUT YOU !

Phone: 870-425-7585
Fax: 870-425-0894
baxterhouseadc@aanwar.org

AREA AGENCY FOUNDATION

THE GOAL OF THE AREA AGENCY FOUNDATION IS TO SECURE THE FUTURE OF AGING SERVICES. IF ANYONE WOULD LIKE TO DONATE IN BAXTER HOUSE'S NAME, THE MONEY COMES BACK TO OUR CENTER. WE RECEIVE ALL MONEY DONATED IN OUR NAME. WE APPRECIATE ANY DONATIONS TO BAXTER HOUSE ADULT DAY SERVICES

Baxter House Adult Services Is a Non Profit Organization. "An equal Opportunity provider, and Employer."
We serve the elderly of Baxter County & the surrounding area.

Baxter House Weekly Activity Schedule:

8:00 We open with coffee and a light breakfast for clients arriving early. Socializing, Daily News, word search and cross word puzzles.
9:00 Walking in the park, weather permitting or exercising inside.
10:00 Tuesdays-Therapy Dog ,All other days games, crafts, etc..
11:00 Pledge of allegiance followed by lunch prayer. Time for lunch!
12:00 Rest time, reading and/or trivia.
1:00 Various guests volunteer their time with music and fellowship.
When no guests are scheduled clients engage in karaoke, crafts, games, trivia or a walk in the park.
2:00 Snack time and celebration of birthdays and holidays
2:30-3:30 Clients begin to leave but for those who remain we complete any craft projects begun earlier in the day, board games, table games and puzzles, as well as a stroll in the park if the weather is nice.



April was a fun month of birthday celebrations, crafts/art projects, tricks by our Therapy Dog Jeannie, exercise sessions, enjoying the nice weather outside, games, cards, music and more.



VAN MATRE SENIOR CENTER LUNCH MENU

* All Menu items are subject to change according to seasonality and availability *
Check our Facebook account weekly for updated lunch changes

Under 60 & Carry-out
meals \$7.00 (tax included)

May 2024

Monday - Friday
11:00 AM - 12:00 PM
60 years or older

Suggested donation \$4.00

MON	TUES	WED	THURS	FRI
4/29	4/30	1	2	3
CHICKEN FETTUCCINE SEASONED SPINACH WHEAT BREAD ROSY PEARS	HONEY BAKED HAM GLAZED SWEET POTATOES SEASONED BEETS WHEAT BREAD FROSTED CAKE	FRIED CHICKEN SALAD WHEAT ROLL CHILLED PEACHES	FRIED FISH ON WHEAT BUN MACARONI & CHEESE CREAMY COLESLAW WATERMELON	PEPPER STEAK FLUFFY WHITE RICE ORIENTAL VEGETABLES DINNER ROLL MANDARIN ORANGE FLUFF
6	7	8	9	10
CHICKEN & NOODLES GREEN PEAS WHEAT ROLL MIXED BERRY COBBLER	TUNA SALAD SANDWICH POTATO CHIPS GARDEN PEA SALAD FRUIT SALAD	MEATLOAF MASHED POTATOES SEASONED GREEN BEANS WHOLE WHEAT ROLL FRUITED GELATIN	HOME STYLE HAM & BEANS MIXED GREENS CORNBREAD HOT SPICED PEACHES	HERBED PORK ROAST PORK GRAVY BAKED SWEET POTATO BROCCOLI FLORETS WHOLE WHEAT ROLL APPLESAUCE
13	14	15	16	17
HAMBURGER STEAK MASHED POTATOES WILTED CABBAGE WHEAT ROLL APPLE CRISP	DELI STYLE CHEF SALAD WHEAT ROLL APPLE CRISP	CHICKEN CORDON BLEU AU GRATIN POTATOES GREEN BEANS WHEAT BREAD CHILLED PUDDING	BEEF POT ROAST BOILED POTATOES CARROTS & CELERY WHEAT BREAD BROWNIE	BBQ PULLED PORK SANDWICH BROWN BEANS CREAMY COLESLAW MANDARIN ORANGES
20	21	22	23	24
PORK CARNITAS SPANISH RICE MEXICAN CORN CINNAMON CHURRO APPLESAUCE	SPAGHETTI & MEATSAUCE BROCCOLI FLORETS BREAD STICK CHILLED PINEAPPLE	BEEF STROGANOFF EGG NOODLES GREEN BEANS WHOLE WHEAT ROLL SHERBET FRUIT CUP	BBQ BAKED CHICKEN SEASONED BABY BAKERS CREAMY COLESLAW WHEAT ROLL BANANA PUDDING	CHEF'S CHOICE PULLED PORK NACHOS BAKED BEANS BROWNIE
27	28	29	30	31
CLOSED FOR MEMORIAL DAY!	FRENCH DIP SANDWICH MIXED VEGETABLES FRUIT CRISP	CHICKEN TENDERS TATER TOTS GREEN BEANS WHEAT ROLL PENEAPPLE UPSIDE DOWN CAKE	CREAM OF POTATO SOUP DELI STYLE CHEF SALAD BREADSTICK ANGEL FOOD CAKE W/ STRAWBERRIES	HAMBURGER ON BUN HOMESTYLE FRIES RELISH PLATE FRUITED GELATIN
PLEASE BE AWARE THAT OUR FOOD MAY CONTAIN OR COME INTO CONTACT WITH COMMON ALLERGENS, SUCH AS: DAIRY, EGGS, WHEAT, SOYBEAN, NUTS, FISH, OR SHELLFISH.				

What are "Endowments"?

Endowments are not new, but are now becoming very popular. They are a vehicle used to build a managed investment whose earnings are used only for a specific purpose without using any of the donations made to it.

The donations continue to earn income for as long as there is a need for the specific purpose for which it was established.

Please consider Baxter House Adult Day Care if you are considering an Endowment. You decide and designate the specific purpose such as "providing supplemental support to needy people and/or clients who need our services. You may also make cash donations to our existing Endowment. We encourage contributions from wills, estates, stocks or cash to help build our endowment. Earnings are used only for funding to supplement our programs and reduce costs for those in need of our services.

Baxter House is a 501 (c) 3

Non Profit organization.

Donations can be made to

Baxter House Adult Day Care

P.O. Box 932

Mountain Home, AR. 72654

or call 870-425-7585 !

May Wish List

To our friends who support us by monetary donations and donations of items, we are extremely grateful for your kindness.

Items we are in need of are as follows: outdoor bird seed, washable fat markers, sugar free fruit cups or sugar free cookies.

Thank you !!!

from our
Staff
and
Clients



Current
Endowments
Perry Joe Messick
Mary Ann Clifft

Donations
In
Loving Memory
Susie Messick
Gail Brown
Peggy Lambert
Gerald R. Clifft
Larry Ritter
Bonnie Mae Tucker
Clara Berg
Peggy Saylor
Steve Gutting

In Honor
of Veteran
Tom Weed
Marshal Berg

Thank You

Joe Messick
Edmonds Family
Barbara and Bonnie Wheeler
Janis Tully
Terry Beck
Margaret Arnett
Cheryl and Jeannie Schult
Mrs. Jane Ritter
Robert Saylor
Melissa and Clayton Robinson
Kathy Weaver
Linda Harrington
Rachal Gutting
Donna and Dana Wallace
Harps Grocery
Mary Ann Clifft
Courtney Wallace
Julia Gist
Linda Hisky
Our Many Anonymous Donors

Warm Weather Skin Care

Just as the weather changes with the seasons skin care changes with aging. Skin may become thinner, lose fat, and no longer look plump and smooth, as it did when you were younger. You may experience dry itchy skin as you age. Scratches, cuts, bumps or bruises may take longer to heal due to the skins condition. But there are things you can do to protect your skin and to make it feel and look better.

Some causes of dry and itching skin are:

Not drinking enough liquids, being in very dry air, smoking, feeling stress, losing sweat and oil glands (common with aging) and spending too much time in the sun or suntanning.

Keep your skin healthy as warm weather approaches by:

Limiting time in the sun. Avoid being in the sun between 10 a.m. and 4 p.m.. Don't be fooled by cloudy skies. The sun's rays can go through clouds.

Use sunscreen:

Use a sunscreen with an SPF (sun protection factor) number of 15 or higher. It's best to choose sunscreens labeled "broad spectrum". For best results apply the sunscreen 15-30 minutes before you go outside.

Wear Protective clothing:

Wide brim hats to shade your neck, ears, eyes and head.

Sunglasses that block 99% to 100% of the sun's rays.

Wear loose, lightweight, long-sleeved shirts and long pants or long skirts.

Your skin can change with age. But remember, as that sun stays hot longer, there are things you can do to help keep your skin healthy.