

OCTOBER
2024

Boone County

SENIOR ACTIVITY & WELLNESS CENTER

1516 Rock Springs Rd • Harrison, AR 72601 | (870) 741-1505 | Fax: (870) 741-5094

Special Events

OCTOBER 4

Stop in to make a craft with Victoria from Mountain Top Insurance
@ 10:00 AM

October 8

Fresh Conversations @ 10:00

OCTOBER 11

Blood Drive
1:00 PM– 5:00 PM

OCTOBER 18

Flu Shots
10:00 AM - 12:00 PM

October 24

Identity Theft class
With Arvest Bank
@ 10:30 AM

October 25

Lets celebrate all October birthdays after Lunch

October 31

Happy Halloween

Get your
FLU  **SHOT**
not the flu.

Friday, October 18th

10:00 AM-12:00 PM

The Boone County Health Unit will be at Boone County Senior Activity & Wellness Center to give flu shots. If you haven't received this year's shot, this is the time to do it.

Please remember to bring your Medicare AND Insurance Cards with you.

Everyone is encouraged to get a flu shot.



October Event

October Conversations

- Eat good food to lower blood pressure
- The power of potassium –rich foods
- Sweet tips for sweet potatoes



When?

Tuesday October 8, 2024 @ 10:30 A.M.

Living Your Dreams, Be Active, Be Strong

JOIN US FOR
FUN FELLOWSHIP & FOOD



DIAMOND STATE
CREMATION & MORTUARY SERVICE

"Simple cremation, simple graveside"
Best Services At Best Prices

Simple Cremation - \$999
Simple Graveside - \$3,999

We are available anytime day or night by phone...

870-422-5000
14980 Industrial Park Rd
Lead Hill, AR 72644
www.diamondstatecremation.com

IF YOU LIVE ALONE

MDMedAlert!™ STARTING AT
At HOME and AWAY! **\$19⁹⁵** /mo.

✓ Ambulance ✓ Police ✓ Family
✓ GPS & Fall Alert

"STAY SAFE in the HOME YOU LOVE!"



 **800.809.3570** * md-medalert.com



Allow us to be by your side to keep you safe at home.



gentiva

Personal Care serving the elderly and disabled.
Providing assistance with personal cares, housekeeping, laundry and errands.

Call 870-280-6420



Your Trusted Partner

100 YEARS OF EXCELLENCE AND TRUST

We proudly stand as the community's **BEST FUNERAL HOME FOR THREE CONSECUTIVE YEARS** and the area's best funeral value since 1924. Your trust in our legacy of family owned excellence during life's most difficult moments is the key to our success. We are honored to be your trusted partner for a **dignified and affordable** farewell.

HOLT
MEMORIAL CHAPEL
"A Tradition of Excellence Since 1924"

1924



2024

Owners - John and Jackie Conner & Phillip and Rachel Collier

1904 Capps Rd - Harrison - 870-741-3481 - www.HoltChapel.com



For ad info. call 1-800-950-9952 • www.lpicommunities.com Boone County Senior Activity & Wellness Center, Harrison, AR A 4C 01-1498

GUN RAFFLE FUNDRAISER

Heritage Rough Rider 22

\$10.00 PER TICKET

OR \$25.00 FOR 3 TICKETS

**DRAWING WILL BE FRIDAY
NOVEMBER 1ST, 2024**



ENTER TO WIN

**Boone County Senior Center
1516 Rock Springs RD , Harrison, AR
72601
870-741-1505**

The winner must be at least 18 years old and not have any felony convictions. To claim the prize, the winner must present the winning ticket and valid identification at Ace Hardware in Harrison. All applicable state and federal laws apply.

**SUPPORT THE
ADVERTISERS
that Support our
Community!**



AREA AGENCY ON AGING of Northwest Arkansas

DO YOU NEED TO SUPPLEMENT
YOUR CURRENT INCOME?

WE ARE HIRING

PERSONAL CARE ASSISTANT

- Earn \$11.00 an hour
- Earn Bonuses
- Paid Holidays
- Work up to 40 Hours Per Week or work a flexible part-time schedule
- Participate in voluntary benefit programs - Including 403(b) retirement plans



**Ask about our FREE 40-hour
Personal Care Training!**

APPLY ONLINE -

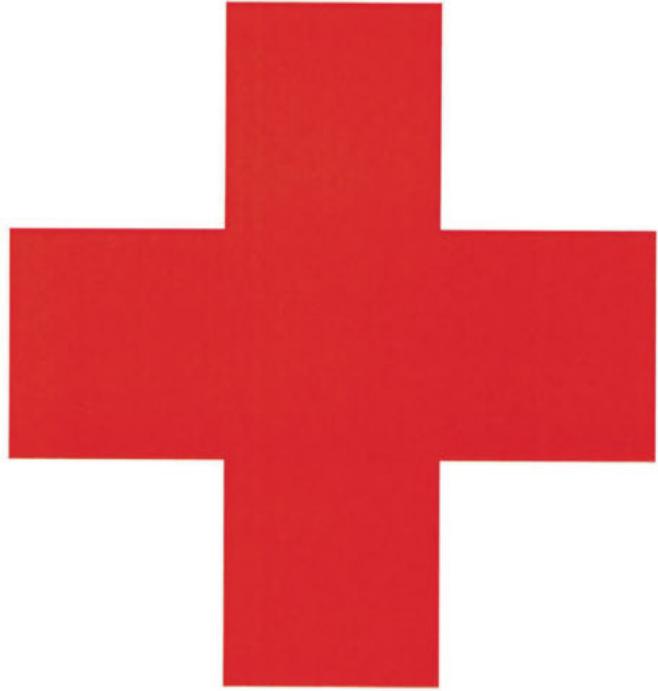
www.aaanwar.org/Employment

Call for more information: 1.800.432.9721

Give blood.

Every 2 seconds someone
in the U.S. needs blood.

American Red Cross



Blood Drive
Boone County Senior Center

1516 Rock Springs Road
Harrison, AR 72602

Friday, October 11, 2024
1:00 p.m. to 5:00 p.m.

Please call 1-800-RED CROSS (1-800-733-2767) or visit RedCrossBlood.org
and enter: BCSC to schedule an appointment.

**Treat yourself! Come to give in Oct. for a \$10 Gift Card
by email. See rcblood.org/treat**



1-800-RED CROSS | 1-800-733-2767 | redcrossblood.org | Download the Blood Donor App

©2016 The American National Red Cross

[176] - Order ID: 1714686 - Item ID: 8157667 - Qty: 1 of 1 - 190050 - 2024-APL-2581 - AR55 - 245022

BOONE Menu

OCTOBER 2024

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Baked Pork Cutlet Mushroom Gravy New Red Potatoes Normandy Blend Vegetables Dinner Roll Caramel Cake	Breaded Shrimp Homestyle Fries Creamy Coleslaw Fruited Gelatin w/Topping	Chicken & Dumplings Mixed Vegetables Garden Salad Vinaigrette Dressing Wheat Bread Pineapple Cream Pudding	Fried Fish Fillet Corn Casserole Creamy Coleslaw Wheat Bread Citrus Fruit Cup
7	8	9	10	11
Oven Fried Chicken Rice Pilaf Broccoli & Cauliflower Dinner Roll Banana	Tomato Basil Soup Crackers Popcorn Chicken Salad w/Dressing Winter Fruit	Breaded Pork Chops With Cream Gravy Baked Potato Baby Lima Beans Peach Crisp	Roast Beef w/Brown Gravy Mashed Potatoes Buttered Carrots Wheat Roll Chilled Pineapple	Hearty Chili Baked Potato Mexican Corn Crackers Fruited Gelatin With Whipped Topping
14	15	16	17	18
Baked Chicken Wild Rice Pilaf Green Peas Dinner Roll Fruit Salad	Lasagna Broccoli Florets Tossed Salad w/Salad Dressing Dinner Roll Gelatin Whip	Cranberry Glazed Pork Loin Baked Sweet Potato Seasoned Cabbage Wheat Roll Harvest Fruit Cup	Spaghetti & Meatballs Broccoli Florets Garden Salad w/ Salad Dressing Wheat Roll Angel Food Cake	Homestyle Ham & Beans Fried Potatoes w/ Onions Seasoned Greens Cornbread Cinnamon Applesauce
21	22	23	24	25
Meatball Sub Baked French Fries Peas & Carrots Sliced Pears	BBQ Pork Cutlet New Red Potatoes Baby Lima Beans Wheat Bread Fruit Medley	Beef Stew with Potatoes, Carrots Romaine Lettuce Salad Dressing Wheat Roll Warm Spiced Peaches	Beef Brisket Mashed Potatoes Buttered Corn Wheat Roll Angel Food Cake	Meatloaf Mashed Potatoes Mixed Vegetables Wheat Roll Fresh Fruit
28	29	30	31	Nov 1st
Baked Herb Chicken Parmesan Potatoes Spinach Wheat Roll Banana	Sloppy Joe on Bun Baked French Fries Green Peas & Carrots Banana Pudding	Fried Fish Filet Pinto Beans Seasoned Spinach Cornbread Ambrosia	BBQ Pulled Pork Sandwich Baked Potato Wedges California Medley Oatmeal Cookie	Brown Gravy Roast Pork With Baked Potato Buttered Carrots Wheat Roll Winter Fruit Cup

Milk is included with each meal.

OCTOBER 2024

Events

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Dominos /cards @ 1:00 PM	The Harvesters @ 11:00	PEPPI 9:00 –10:00	Victoria with Mountaintop Insurance Agency Fall Craft @ 10:00 AM
7	8	9	10	11
Extension Get Fit 8:55 Ageless Grace 10:30	Fresh Conversation @ 10:30 AM Blood Pressure Checks Washington Regional here @ 12:00 PM	Extension Get Fit 8:55 Ageless Grace 10:30	PEPPI 9:00 –10:00 Bingo with Dawn , Legacy Hospice @ 12:30 PM Dominos /cards @ 1:00 PM	Blood Drive 1:00 PM—5:00 PM 
14	15	16	17	18
Extension Get Fit 8:55 Ageless Grace 10:30 Positive Aging Classes with Chuck Wiley @ 12:15 PM	Dominos /cards @ 1:00 PM	Extension Get Fit 8:55 Ageless Grace 10:30	PEPPI 9:00 –10:00 BINGO @ 12:30 PM Dominos /cards @ 1:00 PM	Boone County Health Unit. Flu Shots 10:00 AM—12:00 PM 
21	22	23	24	25
Extension Get Fit 8:55 Ageless Grace 10:30	Dominos /cards @ 1:00 PM	Extension Get Fit 8:55 Ageless Grace 10:30	PEPPI 9:00 –10:00 Identity Theft class With Arvest Bank @ 10:30 AM Bingo @ 12:30 PM Dominos /cards @ 1:00 PM	Birthday Celebrations @ 12:30 for all October Birthdays!! Come enjoy cake with us after Lunch
28	29	30	31	
Extension Get Fit 8:55 Ageless Grace 10:30 Positive Aging Classes with Chuck Wiley @ 12:15 PM	Bean Bag Baseball @ 10:00 AM Dominos /cards @ 1:00 PM	Extension Get Fit 8:55 Ageless Grace 10:30	PEPPI 9:00 –10:00 Bean Bag Baseball @ 10:00 AM Dominos /cards @ 1:00 PM	
The Boone County Senior Center will not have any Fundraisers in October. We will start back in November				

Daily Events

MONDAY	TUESDAY	WEDNESDAY
8:30 am—4:30 pm Exercise Equipment Library Computer Room 8:55 am Extension Get Fit 10:30 -Ageless Grace 11:30 am -12:00 pm Lunch	10:00 AM-11:00 AM Bean Bag Baseball 10:00 am -11:00 am Fresh Conversation (2nd Tuesday) 11:30 am —12:00 pm Lunch 1:00 pm Dominos/Cards/ Games	8:30 am—4:30 pm Exercise Equipment Library Computer Room 8:55 am Extension Get Fit 10:30 -Ageless Grace 11:30 am -12:00 pm Lunch
THURSDAY	FRIDAY	
8:30 am—4:30 pm Exercise Equipment Library Computer Room 9:00 am—10:00 am PEPPi 10:00 am— 11:00 am Bean Bag Baseball 12:30 pm—2:30 pm BINGO 11:30 am -12:00 pm Lunch	8:30 am-4:30 pm Exercise Equipment Library Computer Room 11:30 am—12:00 pm Lunch 12:30 pm Scrabble	



FREE
AD DESIGN
with purchase
of this space

CALL 800-950-9952

LET'S GROW YOUR BUSINESS

Place Your Ad Here
and Support Our Parish!

CONTACT ME
Jay Schwartz

jschwartz@4LPi.com
(800) 477-4574 x6801



1603 Hwy 65 • North, Harrison, AR 72601
870-741-2222 • www.homesteadrealtyharrison.com

Estate Consultation
Residential | Commercial | Farms | Land
Real Estate & Personal Property | Auction Service

Since 1980

**Serving Harrison and Surrounding Area including
Boone, Carroll, Newton, Marion and Searcy Counties**

Bobby Woods, CRS, GRI cell 870-365-5422

Hannah Mulford Dixon cell 870-715-5797

Aron Blevins cell 870-517-3859

Diana Smith cell 870-577-7351



How our Senior Center "Works"

The Boone County Senior Activity and Wellness Center is "An equal opportunity provider and employer."

We serve older adults of Boone County. We never charge a fee for our services for seniors age 60 or above, but we ask a donation for all of our services. We also don't turn anyone away for inability to give a donation for our services.

Our Center is funded 47% from State and Federal funding. The other 53% is from a variety of different sources. United Way of Boone County Inc. provides a portion of funding. Another portion is given from Boone County Quorum Court. The remainder of funding comes from clients giving contributions as they use our much needed services, outside donations and fundraisers done at the Center and in our community.

We ask a suggested donation of \$4 for congregate and Home Delivered Meals and \$4-\$5 for transportation in town. There are also donation boxes in the exercise and computer rooms to help with costs of maintaining our equipment.



HICKORY HILL
INSURANCE

MEDICARE

Health Plans
Supplements
Part D

ACA/Obamacare Information
Dental & Life Insurance
For All Ages

870-743-9006

Toll Free: 888-705-3409
www.hickoryhillins.com

1221 North Main Street, Harrison, AR

Not affiliated with Medicare or
any other Federal Agency

Aaron M. Smith | AR 72601

Hudson Realty
NWA, LLC

1224 North Main Street - Harrison, AR, 72601

**Serving the Harrison
Area since 1963!**

Ralph G. Hudson
Principal Broker
Cell: 870-715-7963

E-mail: ralphghudson@cox.net

The most **POPULAR**
& **User-Friendly**
Real Estate Website
for the Harrison Area



www.hudsonrealty.com

Call for an Appointment

870-741-6188

BURRUS ELDER LAW

ESTATE PLANNING AND ASSET PROTECTION

JAMES J. BURRUS | ATTORNEY AT LAW

Call Now to Book a Free Consultation

870-517-5444

burruselaw.com

701 North Walnut Street, Harrison

**ADT-Monitored
Home Security**

Get 24-Hour Protection
From a Name You Can Trust

- Burglary
- Flood Detection
- Fire Safety
- Carbon Monoxide



Authorized
Provider

SafeStreets

833-287-3502



For ad info. call 1-800-950-9952 • www.lpicomunities.com

Boone County Senior Activity & Wellness Center, Harrison, AR D 4C 01-1498



The Theatre Company of the Ozarks Presents:

THE LION WITCH & THE WARDROBE

*1st PRIZE TICKETS FOR 2 AT
THE LYRIC DEC 22 2pm.*

*2nd PRIZE DINNER FOR 2 AT
BUCKETS SPORTS BAR & GRILL*

*3rd PRIZE TICKETS FOR 2 TO
THE GOLDEN TICKET THEATER.*

Date Night Raffle

TICKETS

\$5.00 EA

5 FOR \$20

DRAWING DECEMBER 20



Coming up event in November

**Boone County Senior Center
Fall Festival Craft/Vendor Fair
Application**

**FRIDAY NOVEMBER 8, 2024
3PM-6PM**

Name: _____
Address: _____
Phone: _____
Email: _____
Type of Craft or Vendor: _____
Number of Tables/Spaces:
Inside _____ Outside: _____

Table charge will be \$25 Inside and
\$15 Outside (bring your own table
and or canopy) Food Truck \$25



Fall Festival Craft/Vendor Fair
Friday November 8 2024
3pm-6pm
FACE PAINTING
RAFFLE FOOD
CAKE WALK
CRAFTS

Boone County Senior Center
1516 Rock Springs Rd
Harrison AR 72601

**NEVER MISS
OUR NEWSLETTER!**

SUBSCRIBE

Have our newsletter
emailed to you.



VISIT WWW.MYCOMMUNITYONLINE.COM



For ad info. call 1-800-950-9952 • www.lpicommunities.com

Boone County Senior Activity & Wellness Center, Harrison, AR E 4C 01-1498

Boone County Senior
Activity & Wellness Center
1516 Rock Springs Rd
Harrison, AR 72601

(870) 741-1505

www.aaanwar.org
boonesc@aaanwar.org



Support received from:



Meet our Staff:

Director: Kelly Hunter

Program Assistant: Pat Gomes

Facility Assistant: Leighann Anderson

Food Service Manager: Mike Reeves

Kitchen Assistant: Marge Bell

Dishwasher: Debbie Strong

Custodian: Rindy Lane

HDM Driver: Lew Fraker

HDM Driver: Linda Lutherbeck

HDM Driver: Jady Roberts

Transport Operator: Bobby Lowery

Transport Operator: Alyssa Richardson

Transport Operator; Alex Miller

Boone County Senior Activity & Wellness Center

The center is open Monday-Friday, 8:00 am to 4:30 pm, serving a **Nutritious Meal** from 11:30 am to 12:00 pm for a suggested donation of \$4.00 for anyone 60+. Guests under 60 are welcome to enjoy a meal for only \$6.97. We also provide **Home Delivered Meals** to the senior citizens of Boone County. Need **Transportation**? A van is available Monday through Friday, 8 AM to 1 PM but must be scheduled at least 24 hours in advance by calling the dispatch number. Stop in and check out our beautiful facility. You can **relax** and **watch TV**, read the **newspaper**, get a book from our well-stocked **library**, use the **computer**, use our **Wi-Fi**, use the fitness room equipped with a variety of **exercise equipment**, join a **fitness class**, attend our **outings**, and make new **friends**. Stop by...we would love to meet you!

This institution is an equal opportunity provider and employer. EEO Employer/AA/M/F/Vet/Disabled.

Table of Contents

News	Pg 1
Coming Event Details	Pg 2
Coming Event Details	Pg 3
Search-A-Word	Pg 4
Health Watch	Pg 5
Menu	Pg 6
Event Calendar.....	Pg 7
Daily Events.....	Pg 8
How the Center "Works" ...	Pg 9
Class Details	Pg 10
Memorial/Tributes.....	Pg 11
Center Info.....	Pg 12

All ads in this newsletter are paid advertisements. This is not an endorsement from the Boone County Senior Activity and Wellness Center or the Area Agency on Aging of Northwest Arkansas. However these ads make the newsletter possible and we appreciate the support of these advertisers.