Prairie Grove SAWC October 2024 Lunch Menu

475 Ed Staggs Dr. Prairie Grove Ar. 72753 • (479) 846-2794

Monday	Tuesday	Wednesday	Thursday	Friday
Congregate and	1 Sweet and Sour	2 Beef Stew	3 Beef Brisket	4 Meatloaf
Home Delivered	Chicken	Salad	Baked Beans	Mashed Potatoes
Meals for Seniors 60+	Fried Rice	Crackers	Okra	Green Beans
Suggested	Broccoli	Mandarin Orange	Roll	Roll
Donation \$4.00	Egg Roll	Fluff	Fruit	Banana
	Cookie			
7 BBQ Pulled Pork	8 Popcorn Chicken	9 White Chicken	10 Pork Roast	11 Catfish
Sandwich	Mac & Cheese	Chili	Mashed Potatoes	Pinto Beans
Potato Wedges	Peas & Carrots	Chef Salad	Carrots	Coleslaw
California Veggies	Roll	Crackers	Roll	Hushpuppies
Fruit	Turnover	Banana Pudding	Fruit	Fruit
14 Chicken and	15 Hamburger	16 Chicken	17 Catfish	18 Turkey with
Dumplings	French Fries	Spaghetti	Baked Beans	Gravy
Mixed Veggies	Baked Beans	Carrots	Broccoli w/Cheese	Sweet Potatoes
Roll	Fruit	Garlic Knot	Hushpuppies	Green Beans
Cobbler		Fruit	Fruit	Roll
				Cake
21 Roast Beef	22 Oven Fried	23 Taco Salad	24 Chicken Pot Pie	25 Chili
with Gravy	Chicken	Corn & Black Bean	Black-eyed Peas	Baked Potato
Mashed Potatoes	Rice Pilaf	Fiesta	Roll	Mexican Corn
Carrots	Broccoli/Cauliflower	Ice Cream	Fruit	Crackers
Roll	Biscuit			Banana
Fruit	Chocolate Pudding			
28 Eggs & Sausage	29 Spaghetti w/	30 Chicken Fried	31 Turkey	Under 60 and all take
Biscuits & Gravy	Meat Sauce	Chicken w/Gravy	Cornbread Dressing	out meals: \$6.59
Potatoes	Broccoli	Mashed Potato	Green Beans	TO GO ORDERS CALL
Sliced Tomatoes	Salad	Peas	Roll	(479) 846-2794
Orange Juice	Garlic Knot	Biscuit	Pumpkin Pie	Menu is subject to change due to availability
	Cake	Fruit	-	

Prairie Grove SAWC October 2024 Activities

475 Ed Staggs Drive, Prairie Grove, Arkansas 479-846-2794

Monday	Tuesday	Wednesday	Thursday	Friday
Joke of the Month Why did the grape stop in the middle of the road? It ran out of juice. HAHAHA!!! 7 9:00 Low Impact Exercise Class 9:30 Beanbag Baseball 12:30 Trivia Contest Card Games	1 9:30 Canasta Card Games Dominoes Puzzle Table 8 9:30 Canasta Puzzle Table Card Games Dominoes	2 9:15 Low impact Exercise Class Card Games Dominoes Puzzle Table 9 9:15 Low impact Exercise Class Dominoes Card Games Puzzle Table	3 9:30 Bingo 12:30 Beanbag Baseball 5:30 Dinner Out at Catfish Hole 10 9:30 Chair Volleyball 12:30 Pitch 12:30 Beanbag Baseball Card Games	9:15 Low Impact Exercise Class 12:30 Bridge Card Games Dominoes 11 9:15 Low Impact Exercise Class 12:30 Bridge Card Games Dominoes
9:00 Low Impact Exercise Class 9:30 Beanbag Baseball 12:30 Karaoke Dominoes 21 9:00 Low impact Exercise Class 9:30 Beanbag Baseball 12:30 Trivia Contest Dominoes	15 9:30 Canasta Card Games Dominoes Puzzle Table Birthday Celebration!!! 22 9:30 Canasta Card Games Dominoes Puzzle Table	16 9:15 Low Impact Exercise Class 12:30 Craft Day with Brenda Card Games 23 9:15 Low impact Exercise Class Card Games Dominoes Puzzle Table	17 9:30 Bingo 12:30 Beanbag Baseball against Lincoln at PG 12:30 Pitch 24 9:30 Chair Volleyball 12:30 Beanbag Baseball Dance Night \$5.00 Pizza 6:00 Dance 6:30	18 9:15 Low impact Exercise Class 12:30 Bridge Card Games Dominoes 25 9:15 Low Impact Exercise Class 12:30 Bridge Card Games Dominoes
9:00 Low Impact Exercise Class 9:30 Beanbag Baseball 12:30 Karaoke Dominoes	29 9:30 Canasta Card Games Dominoes Puzzle Table	30 9:15 Low Impact Exercise Class 12:30 Movie Day Dominoes Puzzle Table	31 9:30 Bingo 12:15 Halloween Dress Up Contest 12:30 Beanbag Baseball	Coffee is ready at 8:00



Second Saturday Trades Day of Prairie Grove

Proudly Presents the 3rd Annual

Chili in the Grove

The Arkansas State Chili Championship

Saturday, Oct. 12

Mock Park in downtown Prairie Grove

Top 3 Arkansas cooks qualify to compete at the

Terlingua International Chili Championship

Cookoff sanctioned by the Chili Appreciation Society, International

All proceeds go to benefit the Prairie Grove Senior Center

Trophies for top 10 Chilis Trophies for top 3 Chili Show teams

Cooks' entry fee - \$20

Public tasting kits available at 1:00 - \$5
All you can eat of any of the chilis until it's all gone (it's a meal for \$5)!

For more information concerning cooking rules and guidelines, contact Joe Giles – 479-236-6125 joehomewrecker@hotmail.com