

# October 2024 Newsletter

Searcy County Senior Center

509 Zack Rd

Marshall AR. 72650

Phone-870-448-2999

It's Autumn.....

Autumn actually began on September 22, 2024. We are well into Autumn 2024 by the printing of this newsletter.

What are some fun facts about Oct? **Christopher Columbus arrived in the Americas on October 12, 1492.** The great Chicago fire erupted on October 8, 1871. In October 1886, France sent the Statue of Liberty to the U.S. And, more than half the population of the country buys a pumpkin this month.

What's special about the month of October? World Mental Health Day and National Child Health Day. October is **Breast Cancer Awareness Month**, and you can show your support by wearing pink ribbons and encouraging your loved ones to stay on top of regular health screenings.

Why is October amazing? **The Beautiful Weather**

We get to enjoy the summer weather cooling off into a cozier setting so we can all start dressing in our Fall attire again. The ability to put on your favorite hoodie and maintain the ideal temperature throughout the day, wherever you are, is always such a pleasure.

Information taken from the internet!

## Daily Activities @ the Senior Center

Domino , pool tables, exercise, bean bag baseball, skip bo, TV, shop at the Boutique, puzzles, Wii,

## October Activities.....

October 2—5— Junkfest

October 4— Chris Roofe from Searcy County Extension 11:30 am

October 22— Basket Bingo 6:00 pm

October 31— Halloween



## Searcy County Senior Activity and Wellness Center—October 2024 Menu

Mon	Tue	Wed	Thu	Fri
Lunch served daily from 11:30 am until 12:00 pm	1 Cheeseburger on bun Baked French Fries Ketchup Spinach Fruit Melody	2 Fried Fish Fillet Corn Casserole Creamy Coleslaw Wheat Bread Citrus Fruit Cup	3 Chicken & Dumplings Mixed Vegetables Garden Salad w/Dressing Wheat Bread Pudding	4 Breaded Shrimp Homestyle Fries Creamy Coleslaw Fruited Gelatin
7 Taco Salad Flame corn & Black Beans Cinnamon Roll	8 Hearty Chili Baked Potato Mexican Corn Crackers Fruited Gelatin	9 Chicken Pot Pie Calif Mixed Vegetables Wheat Roll w/Margarine Chocolate Pudding With Topping	10 Beef Stroganoff Parslied Noodles Yellow Squash Wheat Roll Pineapple Tidbits	11 Roast Beef w/Gravy Mashed Potatoes Buttered Carrots Wheat Roll Fresh Fruit
14 Mexican Chicken Pasta Sauteed Squash Wheat Roll Fruit Parfait	15 Spaghetti & Meatballs Broccoli Florets Garden Salad w/Dressing Wheat Roll Angel Food Cake	16 Herbed Roasted Turkey Cornbread Dressing Seasoned Green Beans Wheat Roll w/Margarine Pumpkin Pie	17 Lasagna Broccoli Florets Tossed Salad w/Dressing Dinner Roll Fruited Gelatin	18 Homestyle Ham & Beans Fried Potatoes w/Onion Seasoned Greens Cornbread w/ Margarine Cinnamon Applesauce
21 Cranberry Glazed Turkey Baked Sweet Potato Broccoli Florets Wheat Roll Fruit Parfait	22 Scrambled Eggs Tater Tots Seasoned Spinach Blueberry Muffin Mandarin Orange	23 Beef Stew w/Potatoes & Carrots Romain Salad w/Dressing Wheat Roll w/Margarine Warm Spiced Peaches	24 Meatball Sub Ketchup Baked French Fries Peas & Carrots Sliced Pears	25 Meatloaf Mashed Potatoes Mixed Vegetables Wheat Roll w/ Margarine Fresh Fruit
28 BBQ Pulled Pork Sandwich Baked Potato Wedges Calif Medley Vegetables Oatmeal Cookie	29 Roast Pork w/Gravy Baked Potato Buttered Carrots Wheat Roll Winter Fruit Cup	30 Shepherds Pie Green Peas Dinner Roll w/Margarine Fresh Fruit	31 Sloppy Joe on Bun Baked French Fries Ketchup Green Peas & Carrots Banana	

Split Words: **Car Brands**

Each section below contains one half of a word. Your task is putting them together to form words relating to Car Brands.

There are a total of 9 words on the page. When you find a word, write it on a line below and cross out those letters in the grid.

Example: SE + AT = SEAT

LEX	TOY	DA	SUB	VO	HYUN
ARU	SAN	DAI	UAR	NIS	SKO
VOL	US	DA	OTA	HON	JAG

1 \_\_\_\_\_

5 \_\_\_\_\_

2 \_\_\_\_\_

6 \_\_\_\_\_

3 \_\_\_\_\_

7 \_\_\_\_\_

4 \_\_\_\_\_

8 \_\_\_\_\_

9 \_\_\_\_\_

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Answers: Lexus, Toyota, Subaru, Hyundai, Nissan, Jaguar, Volvo, Honda, Skoda

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Notes:

All proceeds go to  
Searcy County Senior  
Center Meals on  
Wheels program

## Searcy County Senior Center

Call 870-448-2999 for  
more information

# BASKET

# B I N G O



## Tuesday, October 22, 2024

Searcy County Senior Center 509 Zack Rd. Marshall, AR

Doors open at 5:30 pm

Games Start at 6:00 pm

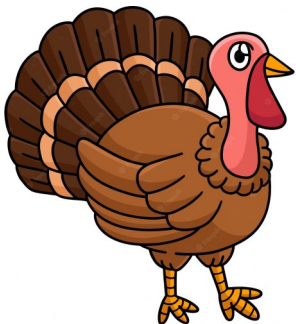
### Bingo Open to Public

\$10.00 donation play 10 games + final game of Blackout

Additional books \$5.00 each

### Blackout Prize “Martha Harp Holiday Dinner”

10-12 Lb. Fully Cooked Turkey	24 Oz. Homestyle Gravy
2 Lbs. Homestyle Cornbread Dressing	12 Oz. Cranberry Orange Relish
2 Lbs. Broccoli Rice Casserole	1 Pumpkin Pie
1 Dozen Martha Harp Rolls	



**Concession Available**