


November Menu

Mon	Tue	Wed	Thu	Fri
Menu Subject to Change Due to Supply Chain Availability	\$4.00 Suggested Meal Donation for 60 + \$6.00 Charge For Carry out & Under 60			1 Chick'n Fried Chicken Potatoes w/ Gravy Whole Kernel Corn Fresh Baked Roll Farmhouse Cake
4 Chicken Tetrizzini Glazed Carrots Garlic Roll Caramel Apple Mousse	5 Beef Stew Garden Salad w/ Dressing Cornbread Spiced Peaches & Cranberries	6 Teriyaki Chicken Fried Rice Steamed Broccoli Egg Roll Mandarin Oranges	7 POOL TOURNAMENT Smoked Brisket Baked Potato Salad Baked Beans Cornbread Coconut Cream Cake	8 Baked Pork Chop W/ Rice Peas & Carrots Fresh Baked Roll Fruit Crisp
11 <i>Closed for Veteran's Day</i> 	12 Pulled Pork Plate Macaroni & Cheese Okra Cornbread Fruit Crisp	13 Baked Chicken Mashed Potatoes Vegetable Casserole Fresh Baked Roll Macadamia Cookie	14 Fried Fish Pinto Beans Seasoned Greens Cornbread Banana Pudding	15 Chicken Chili Deli Style Salad w/ Dressing Cornbread Fruit Crisp
18 Baked Ham Potatoes Sugar Snap Peas Fresh Baked Roll Pineapple/Mandarin Orange Cake	19 Grilled Hamburger on Bun w/ Trimmings Tater Tots Baked Beans Watermelon	20 Chicken & Dumplings Mixed Vegetables Garden Salad w/ Dressing Banana Pudding	21 Thanksgiving Roasted Turkey Breast w/ Stuffing & Gravy Sweet Potato Cass. Green Bean Casserole Cranberry Salad Pumpkin Dessert	22 Salisbury Steak w/ Mushroom Gravy Whole Kernel Corn Fresh Baked Roll Buttermilk Cake
25 Lasagna Garden Salad w/ Dressing Whole Kernel Corn Gelatin Whip	26 Chicken Sandwich w/ Trimmings Potato Salad Broccoli Salad Fruit Crisp	27 Ham & Beans Potatoes & Onions Seasoned Greens Cornbread Cinnamon Apples	CLOSED THURS & FRI FOR THANKSGIVING	



Benton County
Senior Activity & Wellness Center
3501 SE L Street
Bentonville, AR 72712
479-273-7348
Mon—Thurs 8:00—4:00
Fri—8:00—2:00






The Aging Experts

Do you have questions or need services for senior adults?

In-Home Services • Senior Activity Centers
Home Delivered Meals • Family Caregiver Assistance
Personal Emergency Response System • Incontinence Supplies
Housing • Veteran Directed Program


Area Agency on Aging
of Northwest Arkansas
1510 Rock Springs Road
Harrison, Arkansas
800-432-9721 or 870-741-1144
www.aaanwv.org

November Activities

Mon	Tue	Wed	Thu	Fri
<p>Suggested Donation For Transportation \$3 to \$10 Based on</p>				<p>1 9:00 Parkcrest Sound Band</p> <p>Cards, Pool, Dominoes Exercise Equipment</p>
<p>4 9:30 BINGO 11:00 Bridge Cards/Pool/Dominoes Exercise Equipment</p>	<p>5 Shopping at A-Z in Alma & Lunch At Cracker Barrel Leave at 9:00am 9:30 AF Exercise 12:00 Hand & Foot Cards/Pool/Dominoes</p>	<p>6 9:00 Walmart 9:00 Wii Bowling Tournament Cards/Pool/Dominoes Exercise Equipment</p>	<p>7 9:30 AF Exercise 10:15 Bible Study 10:30 Gospel Music</p>	<p>8 Honoring Veterans at 11:15 am</p> <p>Cards, Pool, Dominoes Exercise Equipment</p>
	<p>12 OK / MO / KS State Marker & Downstream Casino Leave at 9:00 am 9:30 AF Exercise 12:00 Hand & Foot Cards/Pool/Dominoes Exercise Equipment</p>	<p>13 9:00 Walmart 10:00 Prairie Roads 11:00 Games w/ Phil & Sandi Cards/Pool/Dominoes Exercise Equipment</p>	<p>14 9:30 AF Exercise 10:15 Bible Study 10:30 Gospel Music 12:00 Hand & Foot Cards, Pool, Dominoes Exercise Equipment</p>	<p>15  11/16 Leave 7:30am Miracle of Christmas @ Sight & Sound Theater-Branson \$70 Breakfast on your own at Golden Corral</p>
<p>18 9:30 BINGO w/ Magnolia House 10:30 Dr. Forte Spinal Health Overview 11:00 Bridge</p>	<p>19 Indian Museum in Bentonville Leave at 12:30 9:30 AF Exercise 12:00 Hand & Foot</p>	<p>20 9:00 Walmart Cards/Pool/Dominoes Exercise Equipment</p>	<p>21 9:30 AF Exercise Thanksgiving Lunch & Entertainment starts at 10:30 am 12:00 Hand & Foot Cards, Pool, Dominoes Exercise Equipment</p>	<p>22  11/23 Leave @10:30 Inspirations Gospel Group—Springdale Lunch on your own Marketplace Grill</p>
<p>25 9:30 BINGO 11:00 Bridge Cards/Pool/Dominoes Exercise Equipment</p>	<p>26 9:30 AF Exercise 12:00 Hand & Foot Cards/Pool/Dominoes Exercise Equipment</p>	<p>27 9:00 Walmart Cards/Pool/Dominoes Exercise Equipment</p>		

- ◆ Gaither Concert & Dinner—Tulsa
- ◆ Joplin Christmas Market & Lunch
- ◆ Christmas Lights & Dinner Out