


DECEMBER 2024 MENU

Mon	Tue	Wed	Thu	Fri
2 Pulled Pork Plate Macaroni & Cheese Fried Okra Fresh Baked Roll Fruit Crisp	3 1/2 Turkey Club w/ Cranberry Mustard Broccoli Cheese Soup Potato Chips Fresh Fruit	4 Sloppy Joe on Bun Tater Tots Apple Cider Slaw Peach Crumb Cake	5 Chicken Chili Deli Style Salad w/ Dressing Cornbread Fruit Crisp	6 Fried Fish Pinto Beans Seasoned Greens Baked Hushpuppies Banana Pudding
9 Teriyaki Chicken Fried Rice Steamed Broccoli Egg Roll Mandarin Oranges	10 Meatloaf w/ Potatoes & Brown Gravy Catalina Vegetables Fresh Baked Roll Cranberry Butter Bar	11 Gourmet Chicken Mashed Potatoes Vegetable Casserole Fresh Baked Roll Macadamia Cookie	12 Smoked Brisket Baked Potato Salad Baked Beans Cornbread Farmhouse Cake	13 Chicken Tetrazzini Glazed Carrots Garlic Roll Caramel Apple Mousse
16 Grilled Hamburger W/Trimmings Baled Tater Tots Baked Beans Fresh Baked Cookie	17 Christmas Lunch Pineapple Glazed Ham Cornbread Dressing Sweet Potato Casserole Green Beans Cranberry Dessert	18 Chicken & Dumplings Okra & Tomatoes Three Bean Salad Cornbread Fruited Jell-O Whip	19 Fried Fish Potatoes & Onions Creamy Coleslaw Baked Hushpuppies Fruit Crisp	20 Chicken Rice Bake Roasted Broccoli Fresh Baked Roll Spiced Peaches & Cranberries
23 Bolognese Sauce w/ Penne Pasta Green Beans Garlic Bread Chocolate Cake			26 Chicken Fried Chick'n Potatoes & Gravy Sonoma Vegetables Fresh Baked Roll Cranberry Butter Bar	27 Ham & Beans Potatoes & Onions Seasoned Greens Cornbread Cinnamon Apples
30 Frito Chili Pie w/ Sour Cream / Salsa Fiesta Corn Caramel Apple Cake	31 Creamy Chicken Vegetable Soup 1/2 Pimento Cheese Crackers Fresh Fruit		Menu Subject to Change Due to Supply Chain Availability	\$4.00 Suggested Meal Donation for 60 + \$8 + tax Charge For Carry out & Under 60



Benton County
Senior Activity & Wellness Center
3501 SE L Street
Bentonville, AR 72712

479-273-7348
Mon—Thurs 8:00—4:00
Fri—8:00—2:00

The Aging Experts

**Do you have questions or
need services for senior adults?**

In-Home Services • Senior Activity Centers
Home Delivered Meals • Family Caregiver Assistance
Personal Emergency Response System • Incontinence Supplies
Housing • Veteran Directed Program



Area Agency on Aging
of Northwest Arkansas
1510 Rock Springs Road
Harrison, Arkansas
800-432-9721 or 870-741-1144
www.aaanw.org

DECEMBER 2024 ACTIVITIES

Mon	Tue	Wed	Thu	Fri
2 9:30 BINGO 11:00 Bridge Cards, Pool, Dominoes, Exercise Equipment	3 Branson Christmas Lights Shopping Dinner-Cheddar's Leave @ 12 noon	4 9:00 Walmart Cards, Pool, Dominoes Exercise Equipment	5 9:30 AF Exercise 10:15 Bible Study 12:00 Hand & Foot Cards, Pool, Dominoes Exercise Equipment	6 9:00 Parkcrest Sound Band Gaither Vocal Band Tulsa \$50 Dinner @ Amish Restaurant Leave @ 2:30
9 9:30 BINGO 11:00 Bridge Cards, Pool, Dominoes, Exercise Equipment	10 Indigo Sky Casino Trip Leave @ 9:00 am 9:30 AF Exercise 12:00 Hand & Foot Cards, Pool, Dominoes Exercise Equipment	11 9:00 Walmart 11:00 Games w/ Phil & Sandi Cards, Pool, Dominoes Exercise Equipment	12 9:30 AF Exercise 10:15 Bible Study 10:30 Gospel Music 12:00 Hand & Foot Cards, Pool, Dominoes Exercise Equipment	13  December 14th Joplin Empire Christmas Market Lunch @ Red Onion Leave @ 9:00am Cards, Pool, Exercise Equipment, Dominoes
16 9:30 BINGO 11:00 Bridge Cards, Pool, Dominoes Exercise Equipment	17 9:30 AF Exercise 12:00 Hand & Foot Cards, Pool, Dom- inoes Exercise Equipment	18 9:00 Walmart 10:00 Prairie Roads Band Cards, Pool Dominoes Exercise Equipment	19 Pool Tournament 9:30 AF Exercise 10:15 Bible Study 12:00 Hand & Foot Cards, Pool, Dominoes Exercise Equipment	20 Honeywheat Bakery / Café & Shopping Leave @ 10:15 Cards, Pool, Exercise Equipment, Dominoes
23 9:30 Christmas BINGO by Magnolia House 11:00 Bridge Cards, Pool Dominoes Exercise Equipment			26 9:30 AF Exercise 10:15 Bible Study 10:30 Gospel Music 12:00 Hand & Foot Cards, Pool, Dominoes	27 Cards, Pool, Dominoes, Exercise Equipment
30 9:30 BINGO Fayetteville Christmas Lights Dinner @ Hugo's Leave @ 3:30 Cards/Pool/Dominoes Exercise Equipment	31 9:30 AF Exercise 12:00 Hand & Foot Cards, Pool Dominoes Exercise Equipment		Suggested Donation For Transportation \$3 to \$10 Based on Destination	Looking Ahead: Fall Trip The Ark Encounter Williamstown, KY September 1-6 More details coming soon!



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January Look Ahead 

- ◆ Dinner Out—Wright's BBQ
- ◆ Crystal Bridges Exhibit
- ◆ Educational Speakers