

December Menu

MON	TUE	WED	THU	FRI
2 Chicken Tetrazzini Glazed Carrots Garlic Roll Caramel Apple Mousse	3 Beef Stew Garden Salad w/ Dressing Cornbread Spiced Peaches & Cranberries	4 Teriyaki Chicken Fried Rice Steamed Broccoli Egg Roll Mandarin Oranges	5 Smoked Brisket Baked Potato Salad Baked Beans Cornbread Coconut Cake	6 Baked Pork Chop W/ Rice Peas & Carrots Fresh Baked Roll Fruit Crisp
9 Pulled Pork Plate Macaroni & Cheese Fried Okra Fresh Baked Roll Fruit Crisp	10 Baked Chicken Mashed Potatoes Vegetable Casserole Fresh Baked Roll Macadamia Cookie	11 Sloppy Joe on Bun Tater Tots Apple Cider Slaw Peach Crumb Cake	12 Chicken Chili Deli Style Salad w/ Dressing Cornbread Fruit Crisp	13 Fried Fish Pinto Beans Seasoned Greens Cornbread Banana Pudding
16 Grilled Hamburger W/Trimmings Baked Tater Tots Baked Beans Fresh Baked Cookie	17 Christmas Lunch Glazed Ham Scalloped Potatoes Brussel Sprouts & Cranberries Fresh Baked Roll Holiday Poke Cake	18 Chicken & Dumplings Mixed Vegetables Garden Salad w/ Dressing Banana Pudding	19 Turkey Club w/ Lettuce/Tom/Onion Creamy Potato Soup Crackers Fruit Cocktail	20 Chicken Rice Bake Roasted Broccoli Fresh Baked Roll Fruit Crisp
23 Chicken Sandwich w/ Trimmings Potato Salad Broccoli Salad Fruit Crisp			26 Spaghetti W/ Meat Sauce Green Beans Garlic Bread Blonde Brownie	27 Ham & Beans Potatoes & Onions Seasoned Greens Cornbread Cinnamon Apples
30 Frito Chili Pie w/ Sour Cream / Salsa Fiesta Corn Peach Crisp	31 Creamy Chicken Vegetable Soup 1/2 Pimento Cheese Crackers Winter Fruit Mix	LUNCH IS SERVED AT 12:00 PM MON-FRI PLEASE ARRIVE EARLIER THAN 12:00PM FOR LUNCH	Lunch is a \$8.00 Charge for ALL Guests Under age 60 and \$8.50 for Carry Out Meals	Drawing For Free Meal Ticket will be held at the end of the Month



"THIS INSTITUTION IS AN EQUAL OPPORTUNITY
PROVIDER AND EMPLOYER. EEO
EMPLOYER/AA/M/F/VET/DISABLED".

**Carroll County Senior
Activity & Wellness Center**
202 West Madison Avenue
Berryville, AR 72616
Monday-Thursday 8:00AM-4:00PM
Friday 8:00AM-2:00PM
Phone: 870-423-3265



**MENU SUBJECT TO
CHANGE
DUE TO
SUPPLY CHAIN
AVAILABILITY
MUST CALL BY 9:30 AM**



December Activities



MON	TUE	WED	THU	FRI
<p>2 <u>9:00am-10:00am</u> Strength, Flexibility & Balance Exercise Class</p> <p><u>10:00am-11:00am</u> Tai Chi Class</p>	<p>3 <u>10:00am-11:00am</u> Board Games</p> <p><u>12:45pm-1:45pm</u> Walmart</p>	<p>4 <u>9:00am-10:00am</u> Strength, Flexibility & Balance Exercise Class</p>	<p>5 <u>8:30am-11:30am</u> Quilting Group <u>10:00am-11:00am</u> BINGO! <u>12:00pm-12:15pm</u> Senior Life Solutions Speaker</p>	<p>6 <u>10:00am-11:00am</u> Bean Bag Baseball Available All Day: Billiard Tables Pinochle Dominoes Gym Area</p>
<p>9 <u>9:00am-10:00am</u> Strength, Flexibility & Balance Exercise Class</p> <p><u>10:00am-11:00am</u> Tai Chi Class</p>	<p>10 <u>10:00am-11:00am</u> Board Games <u>10:00am-11:00am</u> CRAFTY TUESDAY Ugly Sweater Ornaments Price for craft is \$3.00 <u>12:45pm-1:45pm</u> Walmart</p>	<p>11 <u>9:00am-10:00am</u> Strength, Flexibility & Balance Exercise Class</p> <p><u>8:00am</u> Bus Leaves for Harrison Shopping Trip</p>	<p>12 <u>8:30am-11:30am</u> Quilting Group <u>10:00am-11:00am</u> BINGO!</p>	<p>13 <u>10:00am-11:00am</u> Bean Bag Baseball</p>
<p>16 <u>9:00am-10:00am</u> Strength, Flexibility & Balance Exercise Class</p> <p><u>10:00am-11:00am</u> Tai Chi Class</p>	<p>17 <u>10:00am-11:00am</u> Board Games <u>11:00am-11:45am</u> Ambassador Committee Meeting <u>12:45pm-1:45pm</u> Walmart</p>	<p>18 <u>9:00am-10:00am</u> Strength, Flexibility & Balance Exercise Class</p> <p><u>8:00 am</u> Bus Leaves for Cherokee Casino Trip</p>	<p>19 <u>8:30am-11:30am</u> Quilting Group <u>10:00am-11:00am</u> BINGO!</p>	<p>20 <u>10:00am-11:00am</u> Bean Bag Baseball</p>
<p>23 <u>9:00am-10:00am</u> Strength, Flexibility & Balance Exercise Class</p> <p><u>10:00am-11:00am</u> Tai Chi Class Christmas Quilt Raffle Drawing</p>	<p>24 CLOSED</p> 	<p>25 CLOSED</p> 	<p>26 <u>8:30am-11:30am</u> Quilting Group <u>10:00am-11:00am</u> BINGO!</p>	<p>27 <u>10:00am-11:00am</u> Bean Bag Baseball</p>
<p>30 <u>9:00 am</u> bus leaves for Turpentine Creek wildlife refuge <u>9:00am-10:00am</u> Strength, Flexibility & Balance Exercise Class <u>10:00am-11:00am</u> Tai Chi Class</p>	<p>31 <u>10:00am-11:00am</u> Board Games <u>12:45pm-1:45pm</u> Walmart</p>	<p>SUGGESTED DONATION FOR VAN RIDES \$3.00-\$10.00 BASED ON DESTINATION</p>	<p>Drawing For Free Meal Ticket will be held at the end of the Month</p>	<p>Fundraiser for Christmas Quilt Raffle will be held on the 23th Come get your tickets today</p>



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202 West Madison Avenue
Berryville, Arkansas 72616
(870) 423-3265

Monday - Thursday 8:00am-4:00pm
Friday 8:00am-2:00pm



Shop the Carroll
County Senior
Thrift Store on the
Square! Between
Wilson's TV &
Farmer in the Deli!
Wed-Sat 11am-4pm
(870) 929-6280