

Lincoln Senior Activity Center



Find us on
Facebook

116 E Park Street, Lincoln, AR 72744 Phone: 479-824-3861

Email: lincolnsc@aanwar.org

Hours: Monday—Friday 8:00 am to 4:30 pm Lunch Served at 11:30 am.



Closed for Christmas

Tues Dec 24th

Wed Dec 25th

BINGO

Bingo Matinee

December 7th

Doors @ 11:45

Bingo @ 12:30

Lunch and 1 Card \$5

Additional Cards

2 for \$5

**Beef Stew, Cornbread,
and Cookie**

ALL AGES WELCOME

**Trip to see Christmas
lights in Fayetteville**

Monday December 16th

Van leaves at 5:00 pm

Christmas Dinner &

Gift Exchange

December 20th

After Lunch

\$10 limit on gifts

Lincoln SAC December 2024 Lunch Menu

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Monday	Tuesday	Wednesday	Thursday	Friday
2 Tamales Mexican Rice Refried Beans Ice Cream Cup	3 Chicken Strips Baked Potato Broccoli w/cheese sauce Roll Cake	4 Spaghetti w/meat sauce Asparagus Salad Garlic Knot Turnover	5 Ham & Beans Fried Potatoes Zucchini & Tomatoes Cornbread Fruit	6 Turkey Cornbread Dressing Green Beans Roll Fruit
9 Brisket Baked Beans Corn Roll Fruit	10 Sweet and Sour Chicken Fried Rice Broccoli Egg Roll Fortune Cookies	11 Sweet and Sour Chicken Fried Rice Egg Roll Broccoli Brownie	12 Meatloaf Mashed Potatoes Mixed Veggies Roll Fruit	13 Scrambled Eggs Potatoes Biscuits & Gravy Sliced Tomatoes Orange Juice
16 Pulled Pork Sandwich Chips Corn Fruit	17 Pork Roast Mashed Potatoes Brussel Sprouts Roll Fruit	18 White Chicken Chili Chef Salad Crackers Pistachio Fluff	19 Catfish Pinto Beans Coleslaw Hushpuppies Roasted Apples	20 Christmas Dinner Ham Green Beans Sweet Potato Casserole Roll Cream Pie
23 Chicken & Dumplings Mixed Veggies Roll Fruit	24 Closed for Christmas Eve 	25 Closed for Christmas Day	26 Salisbury Steak Mashed Potatoes Fried Okra Roll Fruit	27 Catfish Tomatoes/Macaroni Coleslaw Hushpuppies Cheesecake
30 Beef & Noodles Peas & Carrots Roll Fruit	31 Oven Fried Chicken Rice Pilaf Broccoli & Cauliflower Biscuit Cookie		Under 60 and all take out meals: \$8.00 TO GO ORDERS CALL (479) 824-3861 <i>Menu is subject to change due to availability</i>	Congregate and Home Delivered Meals for Seniors 60+ Suggested Donation \$4.00

Happy December everyone,

I'd like to thank everyone who has brought in gift items for our homebound Christmas packages. The last day to bring stuff in is Friday, December 13th. Any items that you think they might enjoy would be appreciated, but I have been asked for suggestions so here are some: snack items, socks, towels, wash cloths, cleaning items, word search books, candles, puzzles, books, etc. We will have our Christmas dinner and gift exchange Friday, December 20th. If you would like to participate in the gift exchange bring a wrapped gift valued around \$10. I have included the rules for the gift exchange at the bottom of the page. I want to take a minute to tell everyone how grateful I am to be able to do this job and how much I care about all of you. You all are a bright spot in my life. Also, my staff are some of the most amazing people that I have ever met. I am thankful for their dedication to making sure that all of you get a wonderful lunch every day. The amount of care that they show is so inspiring. Thanks for a wonderful year and here is to an even better year in 2025! Merry Christmas everyone!!!



Gift Exchange Rules

- If someone steals your gift, you can steal someone else's gift or choose and open a wrapped one.
- Continue until everyone has had a turn for a gift. A turn is ended when an unopened gift has been opened.
- A gift can only be "stolen" once during a turn. If a gift is taken from someone during one round, she cannot take it back during that same round. She can, however, take it back in a later round if she is in a position to select a gift.
- A gift cannot be immediately stolen back from the player who just stole it.
- Once a gift has 3 "owners," the 3rd owner of a gift gets to keep it – it is retired and can't be stolen again.
- The gift exchange ends when the last wrapped gift is chosen and opened. After the last turn, the person who started (since she didn't get a chance at the beginning) can put back the gift and "steal" a gift according to the rules.

Lincoln SAC December 2024 Activities

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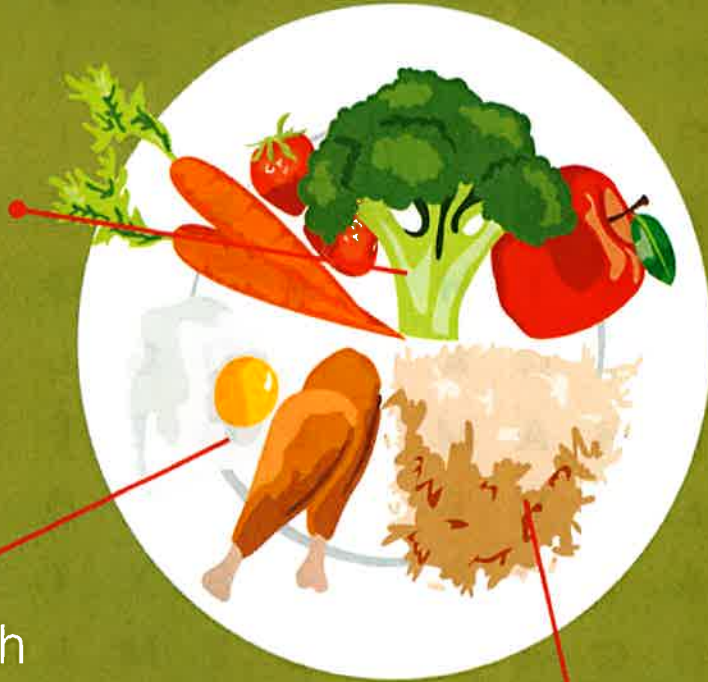
Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>10:00 Gospel Singing</p>	<p>3</p> <p>9:30 Jam Session/Live Music</p>	<p>4</p> <p>10:45 Ageless Grace</p> <p>12:15 Bingo</p>	<p>5</p> <p>10:00 BB Baseball Practice</p>	<p>6</p> <p>10:45 Ageless Grace</p> <p>Birthday celebration for December after lunch!</p> <p>Bingo Sat 7th Doors @ 11:45 Bingo @ 12:30</p>
<p>9</p> <p>10:00 Gospel Singing</p> <p>Root Beer or Coke Floats after lunch!</p>	<p>10</p> <p>9:30 Jam Session/Live Music</p>	<p>11</p> <p>10:45 Ageless Grace</p> <p>12:15 Bingo</p>	<p>12</p> <p>10:00 BB Baseball Practice</p> <p>Bean Bag Baseball after lunch at PG</p> 	<p>13</p> <p>10:45 Ageless Grace.</p> <p>Deadline for turning in gifts for home-bound people.</p>
<p>16</p> <p>10:00 Gospel Singing</p> <p>Trip to see Christmas Lights in Fayetteville</p> <p>Van leaves at 5 pm</p>	<p>17</p> <p>9:30 Jam Session/Live Music</p> <p>9:00 Food Bank (Sanctuary Church)</p>	<p>18</p> <p>10:45 Ageless Grace</p> <p>12:15 Bingo</p>	<p>19</p> <p>10:00 BB Baseball Practice</p>	<p>20</p> <p>Christmas Dinner and Gift Exchange after lunch!!</p>
<p>23</p> <p>10:00 Gospel Singing</p>	<p>24 Closed for Christmas Eve</p> <p>25 Closed for Christmas Day</p> 		<p>26</p> <p>10:00 BB Baseball Practice</p> <p>Tic Tournament after lunch 12:15</p>	<p>27</p> <p>10:45 Ageless Grace</p>
<p>30</p> <p>10:00 Gospel Singing</p>	<p>31</p> <p>9:30 Jam Session/Live Music</p>			

BALANCE YOUR PLATE

50% of your plate should be filled with **vegetables** and **fruits**

25% with **lean protein**

25% with **whole grains**



The Lincoln Senior Activity Center is in need of volunteers. Would you be able to help us?

- Volunteers needed to help with delivering meals to hungry homebound seniors
- Volunteers needed to help with fundraising events

The Lincoln Senior Center would appreciate donations of coffee, tea, paper towels, toilet paper and cleaning supplies.



**VOLUNTEERS
NEEDED**

Christmas Word Search



CANDY CANE
CAROLS
CHRISTMAS
DECEMBER
ELVES
GINGERBREAD
JINGLE

HOLLY
LIGHTS
MERRY
NORTH POLE
ORNAMENTS
PRESENTS
REINDEER

SANTA
SLEIGH
STOCKING
TREE
WINTER
WREATH



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