


Prairie Grove SAWC December 2024 Activities

475 Ed Staggs Drive, Prairie Grove, Arkansas 479-846-2794

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>9:00 Low Impact Exercise</p> <p>9:30 Beanbag Baseball</p> <p>12:30 Karaoke</p>	<p>3</p> <p>9:30 Canasta</p> <p>Card Games</p> <p>Dominoes</p> <p>Puzzle Table</p>	<p>4</p> <p>9:15 Low Impact Exercise Class</p> <p>12:30 Craft Day with Brenda</p> <p>Card games</p>	<p>5</p> <p>9:30 Bingo</p> <p>12:30 Beanbag Baseball</p> <p>5:30 Dinner Out at Golden Corral</p>	<p>6</p> <p>9:15 Low Impact Exercise Class</p> <p>12:30 Bridge</p> <p>Card Games</p> <p>Dominoes</p>
<p>9</p> <p>9:00 Low Impact Exercise Class</p> <p>9:30 Beanbag Baseball</p> <p>12:30 Trivia Contest</p> <p>Card Games</p>	<p>10</p> <p>9:30 Canasta</p> <p>Puzzle Table</p> <p>Card Games</p> <p>Dominoes</p>	<p>11</p> <p>9:15 Low impact Exercise Class</p> <p>12:30 Movie day</p> <p>Card games</p> <p>Dominoes</p>	<p>12</p> <p>9:30 Chair Volleyball</p> <p>12:30 Beanbag Baseball vs Lincoln at PG</p> <p>12:30 Pitch</p> <p>Card Games</p>	<p>13</p> <p>9:15 Low Impact Exercise Class</p> <p>10:00 BANK OZK SCAM Presentation</p> <p>12:30 Bridge</p>
<p>16</p> <p>9:00 Low Impact Exercise Class</p> <p>9:30 Beanbag Baseball</p> <p>12:30 Karaoke</p> <p>Birthday Celebration!!!</p>	<p>17</p> <p>9:30 Canasta</p> <p>10:30 Cookie Exchange</p> <p>Card Games</p> <p>Dominoes</p> <p>Puzzle Table</p>	<p>18</p> <p>9:15 Low Impact Exercise Class</p> <p>12:30 Craft Day with Brenda</p> <p>Card Games</p>	<p>19</p> <p>9:30 Bingo</p> <p>12:30 Beanbag Baseball</p> <p>12:30 Pitch</p> <p>Card Games</p>	<p>20</p> <p>9:15 Low impact Exercise Class</p> <p>12:30 Dirty Santa</p> <p>Card Games</p> <p>Dominoes</p>
<p>23</p> <p>9:00 Low impact Exercise Class</p> <p>9:30 Beanbag Baseball</p> <p>12:30 Trivia contest</p> <p>Dominoes</p>	<p>24</p> <p>Closed for Christmas Eve</p>	<p>25</p> <p>Closed for Christmas Day</p>	<p>26</p> <p>9:30 Chair Volleyball</p> <p>12:30 Beanbag Baseball</p> <p>Dance Night \$5.00</p> <p>Pizza 6:00 Dance 6:30</p>	<p>27</p> <p>9:15 Low Impact Exercise Class</p> <p>12:30 Bridge</p> <p>Card Games</p> <p>Dominoes</p>
<p>30</p> <p>9:00 Low Impact Exercise Class</p> <p>9:30 Beanbag Baseball</p> <p>12:30 Karaoke</p> <p>Dominoes</p>	<p>31</p> <p>9:30 Canasta</p> <p>Card Games</p> <p>Dominoes</p> <p>Puzzle Table</p>	<p>Joke of the Month</p> <p>What do you call an obnoxious reindeer?</p> <p>Rude-olph</p> <p>HAHAHA!!!!</p>	<p>Hours of Operation</p> <p>8:00 AM-4:30PM</p>	<p>Coffee is ready at 8:00AM</p>

Prairie Grove SAWC December 2024 Lunch Menu

475 Ed Staggs Drive, Prairie Grove, Arkansas 479-846-2794

Monday	Tuesday	Wednesday	Thursday	Friday
2 Tamales Mexican Rice Refried Beans Ice Cream Cup	3 Chicken Strips Baked Potato Broccoli w/cheese sauce Roll Cake	4 Spaghetti w/meat sauce Asparagus Salad Garlic Knot Turnover	5 Ham & Beans Fried Potatoes Zucchini & Tomatoes Cornbread Fruit	6 Turkey Cornbread Dressing Green Beans Roll Fruit
9 Brisket Baked Beans Corn Roll Fruit	10 Sweet and Sour Chicken Fried Rice Broccoli Egg Roll Fortune Cookies	11 Sweet and Sour Chicken Fried Rice Egg Roll Broccoli Brownie	12 Meatloaf Mashed Potatoes Mixed Veggies Roll Fruit	13 Scrambled Eggs Potatoes Biscuits & Gravy Sliced Tomatoes Orange Juice
16 Pulled Pork Sandwich Chips Corn Fruit	17 Pork Roast Mashed Potatoes Brussel Sprouts Roll Fruit	18 White Chicken Chili Chef Salad Crackers Pistachio Fluff	19 Catfish Pinto Beans Coleslaw Hushpuppies Roasted Apples	20 Christmas Dinner Ham Green Beans Sweet Potato Casserole Roll Cream Pie
23 Chicken & Dumplings Mixed Veggies Roll Fruit	24 Closed for Christmas Eve 	25 Closed for Christmas Day	26 Salisbury Steak Mashed Potatoes Fried Okra Roll Fruit	27 Catfish Tomatoes/Macaroni Coleslaw Hushpuppies Cheesecake
30 Beef & Noodles Peas & Carrots Roll Fruit	31 Oven Fried Chicken Rice Pilaf Broccoli & Cauliflower Biscuit		Under 60 and all take out meals: \$8.00 TO GO ORDERS CALL (479) 846-2794 <i>Menu is subject to change due to availability</i>	Congregate and Home Delivered Meals for Seniors 60+ Suggested Donation \$4.00