



Farmington Senior Activity Center

**340 W. Main St.
Farmington, AR**

January 2025

(479) 267-5709

January Activities

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			2. Bingo 9:00-11:00 Mix Match Pitch	3. Strength & Stretch 9:00 Bible Study 10:00
6. Chair Volley Ball 10:00	7. Senior Yoga 9:00 Gospel Singing w/Shawn 10:00 Mix Match Pitch	8. Tai Chi 9:00 Gospel Singing 10:30-11:00 Skip Bo Tournament	9. Bingo 9:00-11:00 Mix Match Pitch	10. Strength & Stretch 9:00 Bible Study 10:00
13. Chair Volley Ball 10:00	14. Senior Yoga 9:00 Gospel Singing w/Shawn 10:00 Mix Match Pitch	15. Tai Chi 9:00 Gospel Singing at Peach Tree Village Leave @ 10:15	16. Bingo 9:00-11:00 Mix Match Pitch	17. Strength & Stretch 9:00 Bible Study 10:00
	21. Senior Yoga 9:00 Gospel Singing w/Shawn 10:00 Mix Match Pitch	22. Tai Chi 9:00 Gospel Singing 10:30-11:00	23. Bingo 9:00-11:00 Mix Match Pitch	24. Strength & Stretch 9:00 Bible Study 10:00
27 Chair Volley Ball 10:00	28. Senior Yoga 9:00 Gospel Singing w/Shawn 10:00 Mix Match Pitch	29. Tai Chi 9:00 Gospel Singing 10:30-11:00	30. Bingo 9:00-11:00 Mix Match Pitch	31. Strength & Stretch 9:00 Bible Study 10:00

Suggested Donation

\$4.00

January Menu

Lunch Served

11:30-12:00

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**Menu
Subject to
Change**



2.
Asian Ginger Chicken
White Rice
Oriental Veggies
Wheat Roll
Diced Pears

3.
Pork Roast
Pinto Beans
Seasoned Cabbage
Cornbread
Sunshine Cake

6.
Tangy Ranch Chicken
Au Gratin Potatoes
Seasoned Carrots
Wheat Roll
Cinnamon Apples

7.
Herb Baked Fish
White Rice
Buttered Corn
Roll
Chocolate Chip Cookie

8.
Chicken & Noodles
Mashed Potatoes
Green Beans
Wheat Roll
Spiced Peaches

9.
Beans & Ham
Potatoes & Onions
Seasoned Greens
Cornbread
Fruit Cup

10.
Beef Chopped Steak
w/Mushroom Gravy
Roasted Potatoes
Brussels Sprouts
Roll
Fruit Medley

13.
French Dip Sandwich
Baked Potato Chips
Mixed Veggies
Mandarin Oranges

14.
Mushroom Chicken
Wild Rice Blend
Broccoli Florets
Wheat Roll
Mixed Berry Crisp

15.
Cider Glazed Pork Loin
Potato Wedges
Steamed Cabbage
Wheat Roll
Fruit Medley

16.
Tater Tot Casserole
Green Peas
Roll
Cake

17.
Oven Fried Chicken
Mashed Potatoes
w/ Gravy
Buttered Corn, Roll
Chilled Pudding
w/Topping



21.
Chicken Tenders
Mac & Cheese
Lima Beans
Roll
Chilled Peaches

22.
Fish Filet
Buttered Corn
Greens
Wheat Roll
Lemon Bars

23.
Hamburger on a Bun
Mustard Potato Salad
Creamy Coleslaw
Chilled Pudding
w/Topping

24.
Oven Chicken Fajita
w/Peppers & Onions
Buttered Rice
Black Beans
Fresh Fruit

27.
Honey Lemon Chicken
Red Skin
Mashed Potatoes
Broccoli Florets
Wheat Roll
Oatmeal Raisin Cookie

28.
Steak Fingers
w/ Cream Gravy
Baked Potatoes
Peas & Carrots
Roll
Chilled Peaches

29.
Herbed Pork Loin
Sweet Potatoes
Cali Blend Veggies
Wheat Roll
Pineapple Tidbits

30.
Breaded Fish Filet
Baked Potato Wedges
Coleslaw
Roll
Brownies

31.
Beef Stroganoff
Over Noodles
Buttered Carrots
Wheat Roll
Applesauce

COME JOIN THE FUN

Sign up for All Trips in the Office

01/01: Closed for New Years Day

12/07: Let's go to the Movies! Fayetteville

Leave @ Noon

01/20: Closed for MLK Day

01/21: Daisy Air Gun Museum & Rogers Historical Museum

Leave @ 9:00 *\$5.00*



Transportation is provided Monday - Thursday 8:00 am to 12:00 pm

Doctor appointments Monday thru Thursday

Light shopping trips on Wednesday

Inside Farmington \$2.00


Fayetteville \$5.00

Call 24 hours in advance to schedule your trip

(479) 267-5709



West Fork Senior Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<p>2. Quilting 9:00-10:30 PEPPI 10:00-11:00 Dominos & Board Games</p>	<p>3.</p>
<p>6.</p>	<p>7. Chair Volley Ball or Bean Bag Baseball PEPPI 10:00-11:00</p>	<p>8.</p>	<p>9. Quilting 9:00-10:30 PEPPI 10:00-11:00 Dominos & Board Games</p>	<p>10.</p>
<p>13.</p>	<p>14. Chair Volley Ball or Bean Bag Baseball PEPPI 10:00-11:00</p>	<p>15.</p>	<p>16. Quilting 9:00-10:30 PEPPI 10:00-11:00 Bingo 11:00-12:00</p>	<p>17.</p>
<p>20.</p>	<p>21. Chair Volley Ball or Bean Bag Baseball PEPPI 10:00-11:00</p>	<p>22.</p>	<p>23. Quilting 9:00-10:30 PEPPI 10:00-11:00 Dominos & Board Games</p>	<p>24.</p>
<p>27.</p>	<p>28. Chair Volley Ball or Bean Bag Baseball PEPPI 10:00-11:00</p>	<p>29.</p>	<p>30. Quilting 9:00-10:30 PEPPI 10:00-11:00 Dominos & Board Games</p>	<p>31.</p>

A big

“THANK YOU”

**To All who Donated & Volunteered for the
Meals on Wheels Holiday Fundraiser**

O'Reilly Auto Parts * Ace Hardware

Simple Simon's Pizza * Sonic

Jim's Razorback Pizza * Lowe's

Jimmy's Egg * Liquor World

Chic Gypsy Boutique

Coyle's Restaurant * Briar Rose Bakery

Pizza Navona * Seven Brew

Tractor Supply Co * Twin Scissors

Walmart * Auto Zone * Rick's Bakery

JJ's Grill * Penguin Ed's * Chick-Fil-A

Richard's Country Meat Market

Redi Lube Automotive Service

Trade Mark Custom Homes * West Fest

Farmington Senior Center Members & Staff



WINTER WORD SEARCH

FIND THE WORDS!



A Y G X D V Q O S O O L H R R S C A R F
 Q L J A N U A R Y X J O Y R M R T G D T
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BOOTS
 COLD
 FREEZING
 HAT
 SCARF
 SLEDDING
 SNOWFLAKE

CHRISTMAS
 DECEMBER
 FROST
 ICE
 SHOVEL
 SNOWANGEL
 SNOWMAN

COAT
 FEBRUARY
 GLOVES
 JANUARY
 SKIING
 SNOWBALLS
 WINTER