



January 2025



January 3rd :- Fish Fry

January TBA: - Chicken Dinner / Games

January 29th—Bean Bag Baseball—Hosting Harrison

February 7th: - Fish Fry

Newton County Branch Office:

870-293-6604

FUN FITNESS CLASS

INTERVAL TRAINING

STARTING JAN. 7, 2025

ALL AGES

TUESDAYS
9:30A

CARDIO CLASS - High & Low Impact

Get Up & Get Moving!

Newton County Senior Center
101 E Clark, Jasper, AR (870) 446-5531

There is NO CHARGE for this class.

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Director's Corner:

Happy New Year!

We finally received our budget! We need to raise \$102,000 by June 30, 2025. Let's work together on fund raising in the new year to meet the challenge.

We will be hosting Harrison Senior Center on the 29th for Bean Bag Baseball. They are new to having a team so let's make them feel welcome, have some fun, and make some new friends.

I want to thank my staff, ambassadors, volunteers, and all the people in our wonderful community for supporting our center and programs. I could not do it without all of you.

Participants Corner:

Nothing great in the world has ever been accomplished without passion!

January 2025

(\$4 Donation Appreciated)

Monday—Friday 11:30AM—12PM

870-446-5531

All meals include 8oz of 2% milk

**No Age Limit and
Carry-Outs \$8.60**

**Newton County
Senior Center**

(includes tax)

Mon	Tue	Wed	Thu	Fri
<p>30 Blackened Chicken Rice Pilaf Okra Wheat Roll Tapioca Pudding</p>	<p>31 Roasted Turkey Cornbread Dressing Green Beans Roll Pumpkin Pie</p>	<p>Jan 1st Happy New Year!</p>	<p>2nd Spaghetti and Meat sauce Broccoli Florets Garden Salad Salad Dressing Wheat Roll Cake</p>	<p>3rd Homestyle Ham and Beans Fried Potatoes with Onions Seasoned Greens Cornbread Cinnamon Applesauce</p>
<p>6 Roasted Greek Chicken Rice Pilaf Broccoli Florets Egg Roll Fudge Bar</p>	<p>7 Cream of Potato Soup Turkey and Swiss Sandwich Baked Potato Chips Relish Plate Fruit Crisp</p>	<p>8 Chicken Pot Pie California Veggies Wheat Roll Fresh Fruit</p>	<p>9 Country Fried Steak Peppered Gravy Mashed Potatoes Green Beans Wheat Roll Fruit Medley</p>	<p>10 Marinated Chicken Sandwich Lettuce and Tomato Baked Potato Chips Green Beans Frosted Cake</p>
<p>13 Soft Beef Taco Refried Beans Mixed Green Salad Fruited Gelatin</p>	<p>14 Pinto Beans Fried Potatoes and Onions Seasoned Greens Cornbread Fruit Medley</p>	<p>15 Lasagna Side Salad Breadstick Sherbet</p>	<p>16 Meatloaf Mashed Potatoes Broccoli & Cauliflower Wheat Roll Fruit Parfait</p>	<p>17 Tangy Ranch Chicken Au Gratin Potatoes Seasoned Carrots Wheat Roll Cinnamon Apples</p>
<p>20 </p>	<p>21 Tater Tot Casserole Green Peas Wheat Roll Vanilla Pudding</p>	<p>22 Pot Roast Mashed Potatoes Carrots and Celery Wheat Roll Strawberry Angel Cake</p>	<p>23 Fried Chicken Mashed Potatoes Gravy Buttered Corn Wheat Roll Chilled Pudding</p>	<p>24 French Dip Sandwich Baked Potato Chips Mixed Vegetable Mandarin Oranges</p>
<p>27 Chicken Tender Macaroni and Cheese Baked Beans Biscuit Chilled Peaches</p>	<p>28 Goulash Tossed Salad Wheat Roll Pound Cake with Strawberries</p>	<p>29 Chicken Fajitas Pepper and Onions Spanish Rice Black Beans Fresh Fruit</p>	<p>30 Fried Fish Buttered Corn Collard Greens Hushpuppies Lemon Crème Pie</p>	<p>31 Hamburger on Wheat Bun French Fries Cucumber Salad Chilled Pudding</p>

Mon	Tue	Wed	Thu	Fri
		1 Closed 	2 Harrison 8:00 (meet at Jasper)	3 Fish Fry 2-5PM
6	7 Cardio 9:30 Pool @10 Bible Study @ 10	8	9	10
13	14 Cardio 9:30 Pool @ 10 Bible Study @ 10	15 Harrison 8:00 (meet at Jasper)	16	17
20 	21 Cardio 9:30 Pool @10 Bible Study @ 10	22	23	24
27	28 Cardio 9:30 Pool @10 Bible Study @ 10	29 Harrison 8:00 (meet at Jasper)	30 Harrison 8:00 (meet at Jasper)	31

Newton County Senior Activity and Wellness Center

Open m-f 8:00am-4:30pm

PO Box 41, 100 E Clark St, Jasper, AR 7261 | Tel: 870.446.5531 | Fax: 870.446.5535 | Email: new-

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Western Grove	Mt Judea-Vendor	Mockingbird Hill Deer-Nail-Lurton - biweekly	Shiloh-Parthenon-Murray-Mt Sherman	Jasper city limits
Jasper city limits	Jasper city limits	Jasper city limits	Jasper city limits	Jasper city limits



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DRIVE THRU OR DINE IN



2:00 PM—5:00 PM

January 3rd and February 7th (weather permitting)

\$11

HAND BREADED FRIED FISH OR CHICKEN STRIPS, COLESLAW, PINTO BEANS, HUSHPUPIES, PICKLED GREEN TOMATOES, AND PEACH CRISP

Additional fish is now \$2.00 a piece or 10 for \$15.00

Proceeds Benefit the Newton County Senior Activity and Wellness Center