



# February 2025 Menu

| Monday  | Tuesday   | Wednesday  | Thursday   | Friday   |
|---|---|--|--|--|
| <p><b>\$4 Suggested Donation for 60+</b></p> <p><b>\$8 Charge for under 60 eating on site</b></p> <p><b>\$8.50 Charge for all takeout</b></p> |   | <p><b>Lunch served Monday-Friday 11:30am-12:15pm</b></p>   |  | <p><b>Menu subject to change due to supply chain availability.</b></p>   |
| <p><b>3</b><br/>Beef &amp; Potato Bake<br/>Whole Kernel Corn<br/>Cornbread<br/>Fruit Crisp</p>  | <p><b>4</b><br/>Cider Glazed Pork<br/>Sweet Potato Cass.<br/>Roast'd Brussel Sprouts<br/>Fresh Baked Roll<br/>Peaches &amp; Cranberries</p> | <p><b>5</b><br/>Fried Chicken<br/>Potatoes w/Gravy<br/>Sonoma Veggies<br/>Fresh Baked Roll<br/>Berry Jam Bars</p>        | <p><b>6</b><br/>Creamy Chicken<br/>Vegetable Soup<br/>1/2 Pimento Cheese<br/>Broccoli Salad<br/>Winter Fruit Mix</p>           | <p><b>7</b><br/>Roast Beef W/ Gravy<br/>Over Mashed Potatoes<br/>W/ Carrots/Onion/Celery<br/>Whole Kernel Corn<br/>Cornbread<br/>Sunshine Cake</p>   |
| <p><b>10</b><br/>Grilled Hamburger<br/>Pickle/Onion on side<br/>Potato Salad<br/>Broccoli Salad<br/>Melon Slices</p>                          | <p><b>11</b><br/>Glazed Ham<br/>Scalloped Potatoes<br/>Green Beans<br/>Fresh Baked Roll<br/>Cranberry Butter Bar</p>                        | <p><b>12</b><br/>Beef Enchilada Bake<br/>Fiesta Rice<br/>Charro Beans<br/>Coconut Cream Cake</p>                         | <p><b>13</b><br/>Fried Fish<br/>Baked French Fries<br/>Coleslaw<br/>Hushpuppies<br/>Lemon Bar</p>                              | <p><b>14 <u>Valentine's Day</u></b><br/>Chicken Alfredo w/<br/>Carrots/Broccoli/ Peas<br/>Garden Salad/<br/>Dressing<br/>Fresh Baked Croissant<br/>Strawberry &amp; Peaches<br/>Sandie Dessert </p> |
| <p><b>17</b><br/> <b>CLOSED</b></p>                         | <p><b>18</b><br/>Meatloaf w/ Potatoes<br/>&amp; Brown Gravy<br/>Catalina Vegetables<br/>Fresh Baked Roll<br/>Blueberry Butter Bar</p>       | <p><b>19</b><br/>Gourmet Chicken<br/>Mashed Potatoes<br/>Spring Vegetables<br/>Fresh Baked Roll<br/>Macadamia Cookie</p> | <p><b>20</b><br/>Frito Chili Pie<br/>Fiesta Corn<br/>Garden Salad/Ranch<br/>Buttermilk Cake</p>                                | <p><b>21</b><br/>Chicken &amp; Dumplings<br/>Seasoned Greens<br/>Cornbread<br/>Spiced Apples</p>   |
| <p><b>24</b><br/>Broc. Cheese Soup<br/>1/2 Turkey Club<br/>Sandwich w/ side<br/>Cranberry Mustard<br/>Potato Chips<br/>Winter Fruit</p>       | <p><b>25</b><br/>Fried Fish<br/>Potatoes &amp; Onions<br/>Coleslaw<br/>Hushpuppies<br/>Banana Cream Pie</p>                                 | <p><b>26</b><br/>Chicken Spaghetti<br/>Maple Carrots<br/>Garlic Bread<br/>Cherry Crisp</p>                               | <p><b>27</b><br/>Roast Turkey w/<br/>Stuffing &amp; Gravy<br/>Sweet Potatoes<br/>Green Bean Cass.<br/>Cranberry Butter Bar</p> | <p><b>28</b><br/>Chicken Fried Steak<br/>Potatoes w/Gravy<br/>Whole Kernel Corn<br/>Fresh Baked Roll<br/>Chocolate Cream Pie</p>   |



**Benton County Senior Activity & Wellness Center**  
**3501 Southeast L. Street**  
**Bentonville, AR 72712**  
**479-273-7348**  
**Mon - Thurs- 8am- 4pm**  
**Fri - 8am - 2pm**

**The Aging Experts**

**Do you have questions or need services for senior adults?**

In-Home Services • Senior Activity Centers  
 Home Delivered Meals • Family Caregiver Assistance  
 Personal Emergency Response System • Incontinence Supplies  
 Housing • Veteran Directed Program


**Area Agency on Aging of Northwest Arkansas**  
 1510 Rock Springs Road  
 Harrison, Arkansas  
 800-432-9721 or 870-741-1144  
 www.aanwar.org

# February Activities 2025



| Monday   | Tuesday  | Wednesday   | Thursday  | Friday   |
|--|--|---|---|--|
| <p><b>Suggested Transportation Donation \$3-\$10 Based on Destination</b></p>  |  |   |   | <p><b>Looking Ahead: Fall Trip</b><br/> <b>The Ark Encounter</b><br/> <b>Williamstown, KY</b><br/> <b>September 1-6</b><br/> <b>More details soon</b></p>  |
| <p>3<br/>9:30 BINGO</p> <p>Cards/Pool/Dominoes<br/>Exercise Equipment</p>  | <p>4<br/><b>Deaf Senior Group Lunch &amp; Games</b></p> <p>Cards/Pool/Dominoes<br/>Exercise Equipment</p>  | <p>5<br/><b>9:00 Walmart</b><br/> <b>12:15 Beanbag Baseball Practice</b></p> <p>Cards/Pool/Dominoes<br/>Exercise Equipment</p>                                    | <p>6<br/>9:30 AF Exercise<br/> <b>10:15 Bible Study</b><br/>                     12:00 Hand &amp; Foot<br/>                     Cards, Pool, Dominoes<br/>                     Exercise Equipment</p>   | <p>7<br/><b>12:00 Parkcrest Sound Band</b></p> <p>Cards, Pool, Exercise Equipment, Dominoes</p>  |
| <p>10<br/><b>9:30 BINGO W/ Magnolia House</b></p> <p>11:00 Bridge</p> <p>Cards/Pool/ Dominoes<br/>Exercise Equipment</p> | <p>11<br/><b>9:00 Indigo Sky Casino</b><br/>                     9:30 AF Exercise<br/>                     12:00 Hand &amp; Foot</p> <p>Cards, Pool, Dominoes<br/>Exercise Equipment</p> | <p>12<br/><b>9:00 Walmart</b><br/> <b>10:00 Prairie Roads</b></p> <p><b>12:15 Beanbag Baseball Practice</b></p> <p>Cards/Pool/Dominoes<br/>Exercise Equipment</p> | <p>13<br/><b>9:00 Native History Museum &amp; Lunch @ McAlister's Deli</b><br/>                     9:30 AF Exercise<br/> <b>10:15 Bible Study</b><br/> <b>10:30 Gospel Music</b><br/>                     12:00 Hand &amp; Foot</p>  | <p>14 <b>Valentine's Day</b></p> <p>"Not So Newlywed Game" 10:30am</p> <p><b>4:00 Dinner &amp; Movie</b></p>   |
| <p><b>CLOSED</b></p>   | <p>18 9:30 AF Exercise<br/>                     12:00 Hand &amp; Foot<br/> <b>Deaf Senior Group Lunch &amp; Games</b></p> <p><b>4:00 Dinner Out Catfish Hole Fayetteville</b></p>        | <p>19<br/><b>9:00 Walmart</b><br/> <b>11:00 Games w/ Phil &amp; Sandi</b></p> <p>Cards/Pool/Dominoes<br/>Exercise Equipment</p>                                   | <p>20 <b>Comedian Chonda Pierce &amp; Dinner out in Siloam Springs Leave @3:30</b><br/>                     9:30 AF Exercise<br/> <b>10:15 Bible Study</b><br/>                     Cards/Pool/Dominoes<br/>                     Exercise Equipment</p>                         | <p>21<br/><b>12:00 Parkcrest Sound Band</b></p> <p>Cards/Pool/Dominoes<br/>Exercise Equipment</p>  |
| <p>24<br/>9:30 BINGO<br/> <b>10:30 Elrod Law Firm (Elder Law Attorney)</b></p> <p><b>1:00pm Crocheting W/ Joyce</b></p>  | <p>25 9:30<br/>                     AF Exercise<br/>                     12:00 Hand &amp; Foot</p> <p>Cards, Pool, Dominoes<br/>Exercise Equipment</p>                                   | <p>26<br/><b>9:00 Walmart</b><br/> <b>12:15 Beanbag Baseball Practice</b></p> <p>Cards/Pool/Dominoes<br/>Exercise Equipment</p>                                   | <p>27 <b>Pool Tournament</b><br/>                     9:30 AF Exercise<br/> <b>10:15 Bible Study</b><br/> <b>10:30 Gospel Music</b><br/>                     12:00 Hand &amp; Foot<br/>                     Cards/Pool/Dominoes<br/>                     Exercise Equipment</p> | <p>28<br/><b>Thrift Store Shopping in Gravette/Lunch at Gravette Senior Ctr. Leave at 9:30</b><br/> <b>12:15 BBB Practice</b><br/>                     Cards/Pool/Dominoes<br/>                     Exercise Equipment</p> |

**The Aging Experts**

Do you have questions or need services for senior adults?

In-Home Services • Senior Activity Centers  
 Home Delivered Meals • Family Caregiver Assistance  
 Personal Emergency Response System • Incontinence Supplies  
 Housing • Veteran Directed Program

Area Agency on Aging  
 of Northwest Arkansas  
 1510 Rock Springs Road  
 Harrison, Arkansas  
 800-432-9721 or 870-741-1144  
 www.aaanwar.org

**Benton County Senior Activity & Wellness Center**  
 3501 Southeast L. Street  
 Bentonville, AR 72712  
 479-273-7348  
 Mon - Thurs- 8am- 4pm  
 Fri - 8am - 2pm

**March Look Ahead:**



- ♦ Sheriff's Dept.—Fraud/Scams
- ♦ Jason Crabb—3/13- Fayetteville