
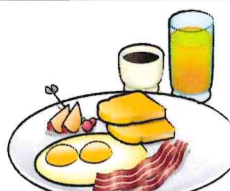




February Menu

Mon	Tue	Wed	Thu	Fri
3 Orange Chicken Over White Rice Oriental Vegetables Egg Roll Mandarin Oranges	4 Country Fried Steak Mashed Potatoes w/Gravy Green Beans Roll Fruit Crisp	5 Potato Soup Turkey & Swiss on Croissant w/Lettuce & Tomato Saltine Crackers Dill Pickle Spear Birthday Cake	6 Pork Roast w/Gravy Black Eyed Peas Seasoned Cabbage Cornbread Honey Fruit Cup	7 Grilled Chicken on Bun w/Lettuce & Tomato Potato Wedges Pea Salad Blonde Brownie
10 Taco Salad Refried Beans Tropical Fruit	11 Monterey Chicken Au Gratin Potatoes Glazed Carrots Roll Peaches	12 Minute Steak w/Gravy Roasted Potatoes Broccoli Roll Applesauce	13 Salmon Patty w/Dill Sauce Long Grain Wild Rice Asparagus Bread Lemon Bar	14 <i>Happy Valentines Day</i> Chicken Parmesan Over Spaghetti Caeser Salad Garlic Bread Strawberry Cream Pie
17 Closed 	18 Sliced Ham Macaroni & Cheese Spinach Roll Emerald Pears	19 Vegetable Beef Soup Tossed Salad Cottage Cheese Saltine Crackers Banana	20 Honey Lemon Chicken Red Skin Mashed Potatoes Harvard Beets Roll Ambrosia	21 Fish & Chips Coleslaw Hushpuppies Sunshine Cake
24 Oven Fried Chicken Fried Potatoes & Onions Capri Vegetables Biscuit Chocolate Pudding	25 Baked Ziti Squash Medley Spinach Salad Bread Stick Strawberries & Bananas	26 Liver & Onions Mashed Potatoes w/Gravy Green Beans Roll Poke Cake	27 Cider Glazed Pork Loin Sweet Potatoes Seasoned Greens Cornbread Winter Fruit Salad	28 French Dip Sandwich Curly Fries Cucumber & Avocado Salad Fruit Medley Cookie
60+ Suggested Meal Donation \$4.00 Under 60 & Take Out Must Pay \$8.50	Meals are subject to change due to supply chain availability.	Come join us for Breakfast every Friday Morning from 8am to 9am Price: Donation		Lunch served daily: 11:30am-12:15pm Hours of Operation: Monday - Thursday 8am to 4pm & Fridays 8am to 2pm

Billy V. Hall Senior Activity & Wellness Center
1870 Limekiln Rd.
P.O. Box 1648
Gravette, AR 72736
Phone: 479-787-5950

Director - Melissa Provence
Email: director.gravette@ohcna.org
"Billy V. Hall Senior Activity & Wellness Center is an equal opportunity provider, and employer."
EEO Employer/AA/M/F/Vet/Disabled



The Aging Experts

Do you have questions or need services for senior adults?

In-Home Services • Senior Activity Centers
Home Delivered Meals • Family Caregiver Assistance
Personal Emergency Response System • Incontinence Supplies
Housing • Veteran Directed Program

Area Agency on Aging
of Northwest Arkansas
1510 Rock Springs Road
Harrison, Arkansas
800-432-9721 or 870-741-1144
www.aaanwar.org

February Activities



Su	Mon	Tue	Wed	Thu	Fri	Sat
2 	3 10am-11am-PEPPI 10:30am-11:30am-Book Mobile 1:30pm-Beanbag Baseball 12:30pm-4pm-Cards & Dominos	4 10am-11:30am-Old Town String Band 12:30pm-Lions Club 12:30pm-Ageless Grace 12:30pm-4pm-Cards & Dominos	5 8am-Breakfast @ Leroy's Café Sulphur 10am-11am-PEPPI 11:30am-Birthday Recognition 12:30pm-4pm-Cards & Dominos 	6 9:00am-(\$15.00)  12:30pm-Ageless Grace 12:30pm-Chair Volleyball 12:30-4pm-Cards/Dominos 	7 8am-9am-Breakfast 10am-11am-PEPPI 12:30pm-2pm-Cards & Dominos	1 8
9 	10 10am-11am-PEPPI 10:30am-11:30am-Book Mobile 12:30pm-4pm-Cards & Dominos	11 10am-11:30am-Music by Gary Mucci 12:30pm-Ageless Grace 1:30pm-Walmart @ Jane, MO 12:30pm-4pm-Cards & Dominos	12 10am-11am-PEPPI 12:30pm-Valentine's Day Crafting (supplies provided) 12:30pm-4pm-Cards & Dominos 	13 10am-Watercolor Class. w/Shelia (\$10.00) 12:30pm-Ageless Grace 12:30pm-4pm-Cards & Dominos	14 Wear Red Day 8am-9am-Breakfast 10am-11am-PEPPI 10am-11:30am-Country Edge 1pm-Valentine's Day Cake Walk 	15 Essential Give Away 10am-11am @ Senior Center
16	17 Closed PRESIDENTS' DAY 	18 10am-11:30am-Old Town String Band 12:30pm-Lions Club 12:30pm-Ageless Grace 12:30pm-4pm-Cards & Dominos	19 10am-11am-PEPPI 12:30pm-BINGO 12:30pm-4pm-Cards & Dominos	20 10am-Wii Bowling w/Siloam @ Gravette 12:30pm-Ageless Grace 12:30-4pm-Cards/Dominos 5:30pm-Father Of The Bride @ Coleman Theatre Miami, OK	21 8am-9am-Breakfast 9:30am-11:30am-Prairie Roads Band 10am-11am-PEPPI 12:30pm-2pm-Cards & Dominos	22
23	24 9:30-11:30am-Blood Pressure 10am-11am-PEPPI 10:30am-11:30am-Book Mobile 12:30pm-4pm-Cards & Dominos	25 10am-11:30am-Country Edge 12:30pm-Ageless Grace 12:30pm-4pm-Cards & Dominos 5pm-Pizza Night	26 9am-US Marshals Museum, Lunch @ Cheddar's Scratch Kitchen & The Shops at BrickCity @ Fort Smith 10am-11am-PEPPI 12:30-4pm-Cards / Dominos	27 10am-Watercolor Class. w/Shelia (\$10.00) 12:30pm-Ageless Grace 12:30pm-Chair Volleyball 5pm-Game Night 	28 8am-9am-Breakfast 10am-11am-PEPPI 11am-Ambassador Meeting 12:30pm-2pm-Cards & Dominos	29
Green-Exercise Blue-Regular Pink-Music Black-Games & Activities Red-Trips & Special Events Purple-Clubs	The senior van picks up daily to transport Seniors to the Center. The van is scheduled for Thursday morning shopping in Gravette from 8:30-9:30am, during this time van riders may do errands in town. Please notify the Senior Center the day before for pick up. (479) 787-5950			Please Note: Activities are subject to change and are weather permitting.		

February Birthdays

Ed Anderson
Faye Blair
Donna Buzzard
Laura Chittenden
Jackie Clark
Carolyn Corley
Linda Damron
Linda Dunn
Mary Griffin

Warren Koop
Nancy Langley
Marvin Peters
Dolly Pool
Jerry Smith
Kurt Swope
Brenda Van Fleet
Betty Watson

"Have A Heart Campaign"

This day is usually dedicated to the sweetheart of your life. However, there are many sweethearts that in days gone by have danced to the tune of "Be my Valentine". But those days have now subsided and there are no knocks at the door giving them a beautiful bouquet or a box of chocolates. But why should this special day have to be just a memory?

With our "Have A Heart Campaign" donations will give the gift of food to a homebound Senior who might not otherwise be able to afford a meal. Let us keep the spirit of Valentine's Day alive by sharing "Your Heart with Others".

Have A Heart Campaign

- One Senior for one week x 5 meals = \$20.00
- One Senior for two weeks x 10 meals = \$40.00
- One Senior for three weeks x 15 meals = \$60.00

Please send check or money order to:
Billy V. Hall Senior Activity Center
PO Box 1648
Gravette, AR 72736

