
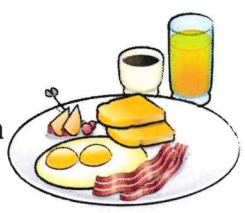




March Menu

Mon	Tue	Wed	Thu	Fri
3 Honey Lemon Chicken Red Skin Mashed Potatoes Harvard Beets Roll Ambrosia	4 Loaded Bacon Cheese Burger Pasta Bake Glazed Carrots Bread Rosey Applesauce	5 Sliced Ham Macaroni & Cheese Spinach Roll Birthday Cake	6 Sliced Turkey w/Gravy Baked Sweet Potato Broccoli Roll Spiced Peaches	7 Catfish Pinto Beans Coleslaw Hushpuppies Lemon Meringue Pie
10 Beef Enchiladas Spanish Rice Refried Beans Tropical Fruit	11 Breaded Pork Cutlet Mashed Potatoes w/Gravy Green Beans Roll Pears	12 Goulash Tossed Salad Bread Strawberry Shortcake	13 Chicken Tenders Fried Okra Corn Biscuit Fruit Crisp	14 Hamburger on Bun w/Trimings Baked Beans Onion Rings Chocolate Pudding
17 Potato Soup Reuben Sandwich on Rye Crackers Key Lime Pie 	18 Chicken & Dumplings Stewed Tomatoes Sugar Snap Peas Bread Peaches & Apricots w/Whipped Topping	19 Navy Beans & Ham Fried Potatoes & Onions Seasoned Greens Cornbread Banana	20 Vegetable Chicken Fettuccine Alfredo Spinach Salad Garlic Bread Cherry Whip	21 Salisbury Steak Baby Baker Potatoes Brussels Sprouts Roll Fruited Jell-O
24 BBQ Chicken Potato Salad Coleslaw Biscuit Mandarin Oranges	25 Pot Roast w/Gravy Roasted Red Potatoes Green Beans Roll Creamy Fruit Salad	26 Chicken Florentine Long Grain Wild Rice Squash Casserole Roll Jade Salad	27 Pulled Pork on Bun Black Eyed Peas Fried Cabbage Apple Blossom	28 Philly Swiss Steak Sandwich Cucumber Salad Baked Potato Chips Fruit Medley Cookie
31 Chicken Pot Pie Winter Blend Vegetables Boston Cream Pie	Come join us for Breakfast every Friday Morning from 8am to 9am Price: Donation 	Lunch served daily: 11:30am-12:15pm Meals are subject to change due to supply chain availability.		60+ Suggested Meal Donation \$4.00 \$8.00 Under 60 Eating @ Senior Center \$8.50 For All Take Out

Billy V. Hall Senior Activity & Wellness Center
 1870 Limekiln Rd.
 P.O. Box 1648
 Gravette, AR 72736
 Phone: 479-787-5950
 Director - Melissa Provence
 Email: director.gravette@ohcna.org
 "Billy V. Hall Senior Activity & Wellness Center is an equal opportunity provider, and employer."
 EEO Employer/AA/M/F/Vet/Disabled

Hours of Operation:
 Monday - Thursday
 8am to 4pm
 &
 Fridays 8am to 2pm



The Aging Experts

Do you have questions or need services for senior adults?

In-Home Services • Senior Activity Centers
 Home Delivered Meals • Family Caregiver Assistance
 Personal Emergency Response System • Incontinence Supplies
 Housing • Veteran Directed Program

Area Agency on Aging
 of Northwest Arkansas
 1510 Rock Springs Road
 Harrison, Arkansas
 800-432-9721 or 870-741-1144
www.aaanwar.org



March Activities

Su	Mon	Tue	Wed	Thu	Fri	Sat
2	3 10am-11am-PEPPI 10:30am-11:30am-Book Mobile 12:30pm-4pm-Cards & Dominos 1:30pm-Bean Bag Baseball	4 10am-11:30am-Old Town String Band 12:30pm-Lions Club 12:30pm-Ageless Grace 12:30pm-4pm-Cards & Dominos	5 10am-11am-PEPPI 11:30am-Birthday Recognition 12:30pm-4pm-Cards & Dominos	6 9:00am-(\$15.00) HENZIE'S art studio 12:30pm-Ageless Grace 12:30pm-Chair Volleyball 12:30-4pm-Cards/Dominos	7 8am-9am-Breakfast 10am-11am-PEPPI 12:30pm-2pm-Cards & Dominos	1 8
9	10 10am-11am-PEPPI 10:30am-11:30am-Book Mobile 12:30pm-4pm-Cards & Dominos	11 10am-11:30am-Music by Gary Mucci 12:30pm-Ageless Grace 1:30pm-Walmart @ Jane, MO 12:30pm-4pm-Cards & Dominos	12 10am-11am-PEPPI 12:30pm-4pm-Cards & Dominos "Queen of the Ring" @ Malco Theater Rogers Time to be Announced	13 10am-Watercolor Class w/Shelia (\$10.00) 12:30pm-Ageless Grace 12:30pm-4pm-Cards & Dominos	14 8am-9am-Breakfast 10am-11am-PEPPI 10am-11:30am-Country Edge 12:30pm-2pm-Cards & Dominos	15 Essential Give Away 10am-11am @ Senior Center
16	17 Wear Green Day, 10am-11am-PEPPI 10:30am-11:30am-Book Mobile 1:30pm-Rootbeer Floats 2pm-Bean Bag Baseball 12:30pm-Cards/Dominos	18 10am-11:30am-Old Town String Band 12:30pm-Lions Club 12:30pm-Ageless Grace 12:30pm-4pm-Cards & Dominos	19 9am-US Marshals Museum, Lunch @ Cheddar's Scratch Kitchen & The Shops at BrickCity @ Fort Smith 10am-11am-PEPPI 12:30-4pm-Cards/Dominos	20 9:30am-Wii Bowling @ Siloam Springs 12:30pm-Ageless Grace 12:30-4pm-Cards/Dominos 5pm-Game Night	21 8am-9am-Breakfast 9:30am-11:30am-Prairie Roads Band 10am-11am-PEPPI 12:30pm-Medicare Education w/Crystal Burney	22
23	24 9:30-11:30am-Blood Sugar & Pressure 10am-11am-PEPPI 10:30am-11:30am-Book Mobile 12:30pm-4pm-Cards & Dominos	25 10am-11:30am-Country Edge 12:30pm-Ageless Grace 12:30pm-4pm-Cards & Dominos 5pm-Pizza Night	26 10am-11am-PEPPI 1pm-Kite Day @ Pop Allum Park 12:30pm-4pm-Cards & Dominos	27 10am-Watercolor Class w/Shelia (\$10.00) 12:30pm-Ageless Grace 12:30pm-Chair Volleyball 4:30pm-7pm-Spaghetti Supper Fundraiser	28 8am-9am-Breakfast 10am-11am-PEPPI 11am-Ambassador Meeting 12:30pm-2pm-Cards & Dominos	29
30	31 10am-11am-PEPPI 10:30am-11:30am-Book Mobile 1pm-BINGO 12:30pm-Cards/Dominos	The senior van picks up daily to transport Seniors to the Center. The van is scheduled for Thursday morning shopping in Gravette from 8:30-9:30am,during this time van riders may do errands in town. Please notify the Senior Center the day before for pick up. (479) 787-5950			Please Note: Activities are subject to change and are weather permitting.	

Iona Anderson
 Sandra Barrett
 Albert Bates
 Al Blair
 Lana Dunnaway
 Jeanie Easley
 Terry Faddis
 Danny Falk
 Terry Flores
 Dorothy Hankinson
 Gloria Hill
 Bobby Hubbard
 Ada Maddox

Vera McCale
 Marty Mullen
 Debbie Ogden
 Doug Provence
 James Spradling
 William Tucker
 Kay Vassallo
 Gary Williamson

Happy March Birthdays!!

Spaghetti Supper Fundraiser

Thursday, March 27th
4:30pm to 7:00pm

Located:
1870 Limekiln Rd Gravette, AR

Meal Includes:
Spaghetti, Garlic Bread, Dessert & Drink

Price: \$10.00

You can dine in or take out is available.
All proceeds go to the Meals on Wheels Program that serves Gravette, Decatur, Sulphur Springs, Maysville & Hiwasse.

DON'T MISS OUT!

Tuesday, March 11th @ 1:30pm - Walmart Jane, MO

Wednesday, March 12th Time to be Announced - Matinee Movie "Queen of the Ring" @ Malco Rogers

Wednesday, March 19th @ 9am - US Marshals Museum, Cheddar's Scratch Kitchen & The Shops at Brick City

Wednesday, March 26th - Kite Day @ Pop Allum Park