

# Prairie Grove SAWC March 2025 Activities

475 Ed Staggs Drive, Prairie Grove, Arkansas 479-846-2794

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>9:00 Low Impact Exercise Class</p> <p>9:30 Beanbag Baseball</p> <p>Card Games</p>	<p>4</p> <p>9:30 Canasta</p> <p>Card Games</p> <p>Dominoes</p> <p>Puzzle Table</p>	<p>5</p> <p>9:15 Low Impact Exercise Class</p> <p>Card Games</p> <p>Dominoes</p> <p>Puzzle Table</p>	<p>6</p> <p>9:30 Chair Volleyball</p> <p>12:30 Beanbag Baseball</p> <p>5:30 Dinner Out at Catfish Hole</p>	<p>7</p> <p>9:15 Low Impact Exercise Class</p> <p>12:30 Bridge</p> <p>Card Games</p> <p>Dominoes</p>
<p>10</p> <p>9:00 Low Impact Exercise Class</p> <p>9:30 Beanbag Baseball</p> <p>12:30 Karaoke</p> <p>Card Games</p>	<p>11</p> <p>9:30 Canasta</p> <p>Puzzle Table</p> <p>Card Games</p> <p>Dominoes</p>	<p>12</p> <p>9:15 Low impact Exercise Class</p> <p>Puzzle Table</p> <p>Card Games</p> <p>Dominoes</p>	<p>13</p> <p>9:30 Bingo</p> <p>12:30 Beanbag Baseball vs Lincoln at PG</p> <p>12:30 Pitch</p> <p>Card Games</p>	<p>14</p> <p>9:15 Low Impact Exercise Class</p> <p>12:30 Bridge</p> <p>Card Games</p> <p>Dominoes</p>
<p>17</p> <p>9:00 Low Impact Exercise Class</p> <p>9:30 Beanbag Baseball</p> <p>12:30 Trivia Contest</p> <p>Birthday Celebration!!!</p>	<p>18</p> <p>9:30 Canasta</p> <p>Card Games</p> <p>Dominoes</p> <p>Puzzle Table</p>	<p>19</p> <p>9:15 Low Impact Exercise Class</p> <p>12:30 Craft Day</p> <p>Dominoes</p> <p>Puzzle table</p>	<p>20</p> <p>9:30 Chair Volleyball</p> <p>12:30 Beanbag Baseball</p> <p>12:30 Pitch</p> <p>Card Games</p>	<p>21</p> <p>9:15 Low impact Exercise Class</p> <p>12:30 Bridge</p> <p>Dominoes</p> <p>Card Games</p>
<p>24</p> <p>9:00 Low Impact Exercise Class</p> <p>9:30 Beanbag Baseball</p> <p>12:30 Karaoke</p> <p>Card Games</p>	<p>25</p> <p>9:30 Canasta</p> <p>Card Games</p> <p>Dominoes</p> <p>Puzzle Table</p>	<p>26</p> <p>9:15 Low Impact Exercise Class</p> <p>12:30 Movie Day</p> <p>Dominoes</p> <p>Puzzle Table</p>	<p>27</p> <p>9:30 Bingo</p> <p>1:00 Beanbag Baseball at West Fork</p> <p>Dance Night \$5.00</p> <p>Pizza 6:00 Band 6:30</p>	<p>28</p> <p>9:15 Low Impact Exercise Class</p> <p>12:30 Bridge</p> <p>Card Games</p> <p>Dominoes</p>
<p>31</p> <p>9:00 Low Impact Exercise Class</p> <p>9:30 Beanbag Baseball</p> <p>12:30 Trivia Contest</p> <p>Card Games</p>	<p>Hours of Operation</p> <p>Monday-Friday</p> <p>8:00-4:30</p>	<p>Coffee is ready at 8:00</p>	<p>Lunch is served at 11:30</p>	<p>Joke of the month</p> <p>What did the cupcake tell its frosting?</p> <p>I'd be muffin without you.</p> <p>HAHAHA!!!!</p>

# Prairie Grove SAWC March 2025 Lunch Menu

475 Ed Staggs Dr. Prairie Grove Ar. 72753 • (479) 846-2794

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> Chicken Strips Au Gratin Potatoes Peas Roll Fruit	<b>4</b> Hamburgers Potato Salad Baked Beans Roasted Apples	<b>5</b> Chicken Fajitas w/Peppers & Onion Mexican Rice Refried Beans Ice Cream	<b>6</b> Beef Pot Roast Mashed Potatoes Green Beans Roll Fruit	<b>7</b> Catfish Macaroni & Tomatoes Coleslaw Hushpuppies Cake
<b>10</b> Steak Fingers Mashed Potatoes Corn Biscuit Fruit	<b>11</b> Vegetable Beef Soup Cottage Cheese Salad Peaches	<b>12</b> Ham Au Gratin Potatoes Asparagus Roll Peach Cobbler	<b>13</b> BBQ Chicken Red Potatoes w/ Green Beans Roll Brownie	<b>14</b> Scrambled Eggs Sausage Biscuit & Gravy Tomatoes Orange Juice
<b>17</b> Sweet & Sour Chicken Fried Rice Broccoli Egg Roll Fortune Cookie	<b>18</b> Country Fried Steak Mashed Potatoes Corn Biscuit Fruit	<b>19</b> Potato Soup Ham & Cheese Sandwich Broccoli Salad Pistachio Fluff	<b>20</b> Chicken Pot Pie Cauliflower Roll Fruit	<b>21</b> Chicken Sand- wich Chips Carrots Apple Dumplings
<b>24</b> Chopped Beef Steak Mashed Potatoes Cabbage Roll Fruit	<b>25</b> Chicken & Noo- dles Peas & Carrots Roll Fruit Crisp	<b>26</b> Soft Tacos Refried Beans Mexican Rice Ice Cream	<b>27</b> Catfish Baked Potato Broccoli w/Cheese Hushpuppies Fruit	<b>28</b> Meatloaf Mashed Potatoes with Gravy Green Beans Roll Turnover
<b>31</b> Beef Pot Roast Mashed Potatoes Corn Roll Fruit			<b>Congregate and                      Home Delivered                      Meals:                      Suggested Donation                      Seniors 60+: \$4.00</b>	<b>Under 60 and all take                      out meals: \$8.00                      TO GO ORDERS CALL                      (479) 846-2794</b>  <i>Menu is subject to change                      due to availability</i>