



March Activities 2025

Siloam Springs Senior Activity & Wellness Center

Foot Prints of Seniors

Mon	Tue	Wed	Thu	Fri
3 POOL, DOMINOES, CARDS, PUZZLES, SHUFFLE BOARD, WII GAMES, GAMES, EXERCISE MACHINES, LEGO BUILDING	4 GOSPEL SINGING 10:30AM WII BOWLING PRACTICE 1PM	5 TODD WHATLEY LAW Q & A 10AM JANUARY BIRTHDAY RECOGNITION 11:45AM WATERCOLOR CLASSES 10:30AM & 1PM	6 EAT OUT NIGHT @ WRIGHTS BBQ IN JOHNSON VAN LEAVES AT 4PM AGELESS GRACE 1:30PM	7 WALMART SHOPPING 8:30-10AM CALL TO SETUP PICKUP POOL, DOMINOES, CARDS, PUZZLES, SHUFFLE BOARD, WII GAMES, GAMES, EXERCISE MACHINES, LEGO BUILDING AVAILABLE ALL DAY
10 BINGO 1PM	11 GOSPEL SINGING 10:30AM	12 CHAIR VOLLEYBALL 1PM WATERCOLOR CLASSES 10:30AM & 1PM	13 FLEA MARKET SHOPPING IN PRAIRIE GROVE LUNCH AT MEL'S DINER VAN LEAVES AT 8:30AM AGELESS GRACE 1:30PM	14 WALMART SHOPPING 8:30-10AM CALL TO SETUP PICKUP POOL, DOMINOES, CARDS, PUZZLES, SHUFFLE BOARD, WII GAMES, GAMES, EXERCISE MACHINES, LEGO BUILDING AVAILABLE ALL DAY
17 HAPPY ST. PATRICK'S *WEAR GREEN *MINI IRISH SODA BREAD MAKING @11AM	18 GOSPEL SINGING 10:30AM WII BOWLING PRACTICE 1PM	19 CHAIR VOLLEYBALL 1PM WATERCOLOR CLASSES 10:30AM & 1PM	20 WII BOWLING COMPETITION IN SILOAM 10AM AGELESS GRACE 1:30PM	21 WALMART SHOPPING 8:30-10AM CALL TO SETUP PICKUP POOL, DOMINOES, CARDS, PUZZLES, SHUFFLE BOARD, WII GAMES, GAMES, EXERCISE MACHINES, LEGO BUILDING AVAILABLE ALL DAY
24 BINGO 1PM	25 GOSPEL SINGING 10:30AM WII BOWLING PRACTICE 1PM	26 BP SCREENING BY UAMS 11AM CHAIR VOLLEYBALL 1PM WATERCOLOR CLASSES 10:30AM & 1PM	27 PICNIC AT THE PARK IN SILOAM SPRINGS VAN LEAVES AT 11:30AM AGELESS GRACE 1:30PM	28 WALMART SHOPPING 8:30-10AM CALL TO SETUP PICKUP
31 MEAL TICKET DRAWING 12PM	SUGGESTED TRANSPORTATION DONATION IS \$3-\$10 DEPENDING ON DESTINATION	OUR CENTER IS OPEN FROM 8AM-4PM, MON-THUR. AND 8AM-2PM FRI. ANYONE 60+ CAN COME JOIN US FOR GAMES, LUNCH AND SOCIALIZATION.	ALL ACTIVITIES ARE SUBJECT TO CHANGE AND ARE WEATHER PERMITTING	

MARCH BIRTHDAYS

Ray Balmain
 Cecil Bledsoe
 James Gryder
 Lenora Heiser
 Debi Holroyd
 Nathan Hudosh
 Janice Sullivan

Riders Needed!



Richard Grubb-our van driver is in need of riders for shopping, lunch at the center, local doctor appointments, pharmacy runs, etc. Van is open for errands in Siloam Springs. MUST schedule in advance. Scheduled trip sign ups are available at the center. If you would like more information, call us at 524.5735.

50/50 Pot Fundraiser

1 TICKET FOR \$5
 5 TICKETS FOR \$20
 YOU GET HALF, WE GET HALF!
 DRAWING WILL BE MARCH 31 AT 12PM!
 TICKETS CAN BE PURCHASED AT THE SILOAM
 SPRINGS SENIOR ACTIVITY CENTER.
 OUR GOAL IS \$1500!!!



March Menu 2025

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Mon	Tue	Wed	Thu	Fri
3 Honey Lemon Chicken Mashed Potatoes Broccoli Florets Roll w/Butter Oatmeal Cookie	4 Vegetable Beef Soup Crackers Cottage Cheese Spinach Salad w/ Dressing Chilled Peaches	5 Roast Turkey & Gravy Baked Sweet Potato Green Beans Roll w/Butter Pumpkin Pie	6 Ham & Au Gratin Potatoes Spinach Roll w/Butter Banana	7 Steak Fingers w/ Cream Gravy Mac & Cheese Peas & Carrots Bread w/Butter Grapes
10 Pinto Beans w/Ham Potatoes & Onions Seasoned Greens Cornbread w/Butter Fruit Medley	11 Lasagna Cali Veggies Bread Stick/Butter Angel Food Cake	12 Tangy Ranch Chicken Au Gratin Potatoes Seasoned Carrots Roll w/Butter Cinnamon Apples	13 Chopped Beef Steak w/Gravy Mashed Potatoes Brussel Sprouts Roll w/Butter Fruit Medley	14 Italian Baked Chicken Pasta Primavera Italian Bread w/Butter Cream Pie
17 Corned Beef Sauteed Cabbage O'Brien Potatoes Crescent Roll Luck of the Irish Salad	18 French Dip Sandwich Tater Tots Mixed Veggies Mandarin Oranges	19 Pot Roast Parslied Potatoes Carrots & Celery Roll w/Butter Chocolate Cake	20 Tater Tot Casserole Green Peas Roll w/Butter Ginger Snaps	21 Mushroom Chicken Wild Rice Broccoli Roll w/Butter Mixed Berry Crisp
24 Oven Chicken Fajitas w/Peppers & Onions Buttered Rice Black Beans Fresh Fruit	25 Goulash Tossed Salad w/ Dressing Roll w/Butter Pound Cake w/ Strawberries	26 Fried Fish Filet Buttered Corn Collard Greens Cornbread w/Butter Lemon Cream Pie	27 Beef Enchilada Fiesta Rice Refried Beans Tropical Fruit	28 Chicken Tenders Mac & Cheese Baby Lima Beans Bread w/Butter Chilled Peaches
31 Cream of Potato Soup 1/2 Turkey & Swiss Sandwich Relish Plate w/ Dressing Fruit Crisp	Menu subject to change due to supply chain availability	\$4 Suggested Donation for 60+ \$8 Charge for under 60 eating on site \$8.50 Charge for all takeout	Lunch Served at 12:00 pm TAKEOUT pickup 11:00-11:30 am	



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