



April Menu 2025

Siloam Springs Senior Activity & Wellness Center Foot Prints of Seniors

Mon	Tue	Wed	Thu	Fri
<p>\$4 Suggested Donation for 60+</p> <p>\$8 Charge for under -60 eating on site</p> <p>\$8.50 Charge for all takeout</p>	<p>1 Country Fried Steak w/Cream Gravy Mashed Potatoes Mixed Veggies Roll Fruit Medley</p>	<p>2 Marinated Chicken Sandwich Lettuce/Tomato Potato Wedges Green Beans</p>	<p>3 Pork Roast Pinto Beans Seasoned Cabbage Cornbread/Butter Sunshine Cake</p>	<p>4 Roasted Greek Chicken Rice Pilaf Broccoli Florets Roll/Butter Pineapple & Cherries</p>
<p>7 Italian Baked Chicken Pasta Primavera Italian Bread Mixed Fruit</p>	<p>8 Meatloaf w/Sauce Mashed Potatoes Peas & Carrots Roll Fruit Parfait</p>	<p>9 Salmon Burger w/Lemon Dill Sauce Potato Wedges Baby Lima Beans Honey Fruit Cup</p>	<p>10 Soft Beef Taco Texas Pinto Beans Mixed Green Salad w/ Dressing Fruited Jell-O</p>	<p>11 Chicken & Noodles Roasted Potatoes Seasoned Carrots Roll Hot Baked Peaches</p>
<p>14 Beef Stroganoff over Noodles Buttered Carrots Roll/Butter Applesauce</p>	<p>15 Breaded Fish Filet Tator Tots Calico Slaw Roll/Butter Fruit Deluxe</p>	<p>16 Herbed Pork Loin Whipped Sweet Potatoes Cali Veggies Roll/Butter Strawberries</p>	<p>17 Vegetable Beef Soup Crackers Cottage Cheese Spinach Salad w/Dressing Chilled Peaches</p>	<p>18 Honey Lemon Chicken Mashed Potatoes Mixed Veggies Roll/Butter Oatmeal Cookie</p>
<p>21 Hamburger on Bun Lett/Tom/Onion/Pickle Mustard Potato Salad Creamy Coleslaw Chilled Pudding w/Topping</p>	<p>22 Tuna Noodle Cass. Green Beans Roll/Butter Warm Applesauce</p>	<p>23 Hearty Chili w/Crackers Salad w/Dressing Fruit Medley Sugar Cookie</p>	<p>24 Chicken Tenders Mac & Cheese Baby Lima Beans Bread/Butter Tropical Fruit</p>	<p>25 Breaded Pork Chop Cream Gravy Mashed Potatoes Peas & Carrots Roll/Butter Mandarin Oranges</p>
<p>28 Turkey & Rice Cass. Buttered Corn Roll/Butter Mixed Berry Crisp</p>	<p>29 Fried Chicken Potatoes w/Gravy Green Peas Bread/Butter Chocolate Pudding</p>	<p>30 Baked Ziti Broccoli Florets Salad w/Dressing Roll/Butter Fruit Parfait</p>	<p>Lunch Served at 12:00 pm</p> <p>TAKEOUT pickup 11:00-11:30 am</p>	<p>Menu subject to change due to supply chain availability</p>



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This institution is an equal opportunity provider and employer. EEO Employer/AA/M/F/Vet/Disabled

April Activities 2025

Siloam Springs Senior Activity & Wellness Center

Foot Prints of Seniors



Mon	Tue	Wed	Thu	Fri
<p>ALL ACTIVITIES ARE SUBJECT TO CHANGE AND ARE WEATHER PERMITTING SUGGESTED TRANSPORTATION DONATION IS \$3-\$10 DEPENDING ON DESTINATION</p>	<p>1 GOSPEL SINGING 10:30AM WII BOWLING PRACTICE 1PM CARD PLAYERS MEET 1PM BIBLE STUDY 1PM</p>	<p>2 APRIL BIRTHDAY RECOGNITION 11:45AM WATERCOLOR CLASSES 10:30AM & 1PM CHAIR VOLLEYBALL 1PM</p>	<p>3 AGELESS GRACE 1:30PM</p>	<p>4 YARD SALE-ING IN SILOAM SPRINGS & GENTRY BRING CASH VAN LEAVES AT 7:45AM</p>
<p>7 BINGO 1PM</p>	<p>8 GOSPEL SINGING 10:30AM WII BOWLING PRACTICE 1PM CARD PLAYERS MEET 1PM BIBLE STUDY 1PM</p>	<p>9 WATERCOLOR CLASSES 10:30AM & 1PM CHAIR VOLLEYBALL 1PM</p>	<p>10 BREAKFAST @ CRACKER BARREL THEN SHOPPING AT PINNACLE HILLS MALL VAN LEAVES AT 9AM AGELESS GRACE 1:30PM</p>	<p>11 WALMART SHOPPING 8:30-10AM CALL TO SETUP PICKUP POOL, DOMINOES, CARDS, PUZZLES, SHUFFLE BOARD, WII GAMES, GAMES, EXERCISE MACHINES, LEGO BUILDING AVAILABLE ALL DAY</p>
<p>14 BEAN BAG BASEBALL 10:30AM</p>	<p>15 GOSPEL SINGING 10:30AM WII BOWLING PRACTICE 1PM CARD PLAYERS MEET 1PM BIBLE STUDY 1PM</p>	<p>16 WII BOWLING COMPETITION IN GRAVETTE VAN LEAVES AT 9:30AM WATERCOLOR CLASSES 10:30AM & 1PM CHAIR VOLLEYBALL 1PM</p>	<p>17 SILOAM SPRINGS POLICE DEPT. PRESENTS A SCAMS & CRIME PREVENTION PRESENTATION WITH Q & A 11:00-11:45AM AGELESS GRACE 1:30PM</p>	<p>18 WALMART SHOPPING 8:30-10AM CALL TO SETUP PICKUP POOL, DOMINOES, CARDS, PUZZLES, SHUFFLE BOARD, WII GAMES, GAMES, EXERCISE MACHINES, LEGO BUILDING AVAILABLE ALL DAY</p>
<p>21 BINGO 1PM</p>	<p>22 GOSPEL SINGING 10:30AM WII BOWLING PRACTICE 1PM CARD PLAYERS MEET 1PM BIBLE STUDY 1PM</p>	<p>23 BP SCREENING BY UAMS 11AM WATERCOLOR CLASSES 10:30AM & 1PM CHAIR VOLLEYBALL 1PM</p>	<p>24 BELLA VISTA SENIOR HEALTH EXPO VAN LEAVES AT 9AM LUNCH AT EL PUEBLITO MEXICAN RESTAURANT AGELESS GRACE 1:30PM</p>	<p>25 WALMART SHOPPING 8:30-10AM CALL TO SETUP PICKUP POOL, DOMINOES, CARDS, PUZZLES, SHUFFLE BOARD, WII GAMES, GAMES, EXERCISE MACHINES, LEGO BUILDING AVAILABLE ALL DAY</p>
<p>28 BEAN BAG BASEBALL 10:30AM</p>	<p>29 GOSPEL SINGING 10:30AM WII BOWLING PRACTICE 1PM CARD PLAYERS MEET 1PM BIBLE STUDY 1PM</p>	<p>30 WATERCOLOR CLASSES 10:30AM & 1PM MEAL TICKET DRAWING 12PM CHAIR VOLLEYBALL 1PM</p>	<p>JAMIE LYNGE FROM HUMANA WILL DO A PRESENTATION ON "THE POWER OF POSITIVITY" APRIL 30TH AT 11AM</p>	

HAPPY BIRTHDAY

Riders Needed!

We need YOU!

Richard Grubb-our van driver is in need of riders for shopping, lunch at the center, local doctor appointments, pharmacy runs, etc. Van is open for errands in Siloam Springs. MUST schedule in advance. Scheduled trip sign ups are available at the center. If you would like more information, call us at 524.5735.



Earth Day Activity



April 22 is Earth Day! For a fun activity this year, seniors will have the opportunity to make their own tie-dye shirts! We are also inviting the Southside student council to join us. The kids love to participate in activities with seniors. And this would be a perfect way to incorporate them. Please note: you will need to bring your own white shirt. It has to be completely white without any graphics.

Sign up will be available at the center

When: April 22

Time: 1pm

CONNIE AMOS
BETTY ANDREWS
KEITH BANKS
DON BROOKS
DENNIS CHURCH
JENNIE HUNTER
PAMELA KABAGE

MARIA OREJANA
GEORGIA REED
JUDI REICHMAN
MARGARET SARTEN
DUANE SCHMIDT
BILLIE THOMPSON
JOSEPH TRAMMELL